

Curriculum Vitae

Arthur J. Deikman, M.D. has done groundbreaking work in the scientific study of meditation and the mystical experience. His thirty years of research in this area has resulted in numerous scientific papers and three books: Personal Freedom(1976), The Observing Self--Mysticism and Psychotherapy(1982), and The Wrong Way Home: Uncovering the Patterns of Cult Behavior in American Society(1990). These works reflect a modern perspective on spirituality based on developmental, psychodynamic, and cognitive psychologies-- informed by personal experience with the Zen Buddhist and Sufic traditions. Currently, Dr. Deikman is Clinical Professor of Psychiatry at the University of California, San Francisco, where he combines teaching, research and private practice