

SUZUKI-ROSHI: When I say it is difficult to practice in such a beautiful building with a completely furnished zendo I mean rigid formal practice in a complete zendo is not always good practice. The practice then may tend to be dead. To have a strong practice in comfortable surroundings is difficult. But when you practice with various difficulties that practice has a lot of strength in it. To help others who may be in the midst of difficulties in this sense is to help them have good practice. When we practice in the midst of the difficulties of our neighbors and our own difficulties, then we will have good practice. Our practice will be actual.