



a workbook of poems & voices

by paul shippee

中

FRONT COVER DRAWING
BY PETER COYOTE

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these works are dedicated ...

to nonpossessive loving

to

everyone who has ever touched me... also California Colorado New Mexico Arkansas Vermont Maine even Connecticut... also the Sun the Moon the Land the Stars & Jupiter and Henry Miller Pablo Neruda Jean Genet Allen Ginsberg Peter Berg Tim Buckley Peter Cohon Gary Snyder my brother & sisters their children & my mother and father the Buddha family the Digger family the Bolinas family the rain the sky the deer the elephant the trees the turtle and the big mind

the late Zen Master Shunryu Suzuki roshi Chogyam Trungpa rinpoche Provincetown for being a friend

and elaine

acknowledgements

NOVEMBER tassajara & ROSHI'S GARDEN appeared in THE WORLD

We Need More Land will appear in ROLL YOUR OWN by Jodi Pallidini & Beverley Dubin

front & back covers printed by C. C. Thompson, Orleans, Massachussetts

back cover Sanskrit letters (OM MANI PADME HUM) from a woodblock floating around Tassajara

PRINTED in an edition of 200 copies courtesy of Fine Arts Work Center, Provincetown, Mass. 02657 thank you Miriam

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## soft hitch hiker in the sun the wind

i am dreamed in women

WOMAN

AND EACH PARTICULE
of female spirit
that opens
itself to me
opens

itself

to me

is not only a barbarian gentleness

but that part of me that rises and knows to feel good somewhere inside your smiling eyes & belly

"i'll jump out here"
& i watched you go along
the sidewalk soft in the
eyes i remember
soft in the walking
soft soft
in trailing a hand along
tops of the white picket fence
-how well i know
the whole world is better

and better off
in the soft walk of you
going home toward the Chatham
Light

reminds me of the Zen story of 2 monks travelling - one helped YOU across the stream the other asked - we aren't supposed to get it on w/women are we?

the first answrd- i left her back at the stream you are still carrying her

sexy is a word the feeling is indescribable

a
little crimson tangerine
patch of sun
shivrd across your lips
(the

(feeling (indescribable just as you said the word

virgin
as in virgin islands
St. Croix
New Mexico
Colorado
California

## MEETING

the beauty of your hands
their gesture of opening
taking

oh but the thorough illusion

i place there - - -

let's see,

thunder

clouds crouched pregnant

w/ rain

storm bruised leaf

your hand moves

and the bones beat

forth submerged

in sacral fear

fences ringing from

when they were trees

you do not know your own beauty and i cannot know you

# a hundred & five easy pieces

promiscuity is a loser

a cream waste of lovliness in depth

the moment passes me by caressing ea illusion

hah!

did i love that tree confused by sun set beaten by a mind loose and fornicating w/ images

did i lose the morning thinking it through

it was yr softness made me think of the waste in prmiscuity

i celebrated
i loved
it was the very
enjoyment
carried me away

i could astray
 be led
 easily
& never pay

i know nothing is free

what can i carry back? when i take from you and cannot love

#### RETREAT

love heals
sex heals
someone loves me
i stare at her nakedness
amazed
by infinite qualities

images rush in
 they preoccupy my life
i sink back into body

feeling
again the unprepared
raw precipitous
touch

where it starts
out there
on the edge of my body

that is where it starts

you and me

and my images and yr qualities and my desire

and yr face and my wild fornicating wish

and my past and you're still there

when i get back....

verses next to the sand dune heaven

"freedom"

I WANT

let's start from there
i want that
my god, those tits
i was in the bar and looked at her tits

like someone drove a spear thru
my neck
my person bled all out
and the next night i sat near her
we didn't talk i looked at her tits
it may not be so interesting
but look....

#### desert

I IMAGINED I COULD WATCH HER NAKED TITS in some bed for hours fold and unfold their smiles & caresses THEY would point up hard and form a lovely brown wart in a sea of tan milk THEY would slowly move like anemone into lush soft pools ANOTHER hour would go by i would watch carefully savouring meanwhile beerdrinking glasses clinking & smalltalk and lick the spot with my tongue to change the hue the movement wet and glistening

my body's a wreck from all this thinking but...

#### sometimes

in meditation
a flood of warmth
comes into my belly
i recognize myself
and the gap i am reaching over to reach you
is a mind web wedded
to clever punishment
desire
inflamed
crevices so....

## naturally

we seem to come to a real erection next to a real tit real nice our skin & a flood of warmth

jubilantly disarms the imaginative chase thru your pubic wonders

the dis/ease coming apart and i'm fucking you again now in flesh spirit blood

i want all of your love
it's break/fast in my breast
sperm threads
i am writing
about it
it's about all i need
a human being - a heedless
recording of where i go

there are poems
going through my head all day
long
and visions
and browneyed girls
smiling in the sun
a smile that blows
across the universe
a wind
that rips up all the asphalt
in the world

# A Love (that didn't work) Story

Ι

Rose room 58 Swiss
American Hotel

call her - she's beautiful

and skinny

II

Dear Rose,

I should have known when I saw your pale luminous face approaching from half a block away this evening that tears would interrupt my sleep at night. I've tried to explain your beauty twice now to you and am still not sure you believe me, or care. When sitting over the soup in the restaurant I kept looking at the line of your shoulder where it showed under the black velvet. Such exquisite shape — not beauty in any conventional sense I want you to know; you're nowhere near perfect — but grace. A gentle almost weakened exterior and underneath a strange rugged clarity that shines with your Sicilian sureness.

I am totally captured by what I can call no less than a noble grace - of movement, of change - that must go back centuries. The agony I feel of wanting you is only tempered by the love that grows each time (each rare time) I am with you. Grows maybe more proposterous because each time I see you you seem to move farther away. What a situation. Rose, I love you so much. I want you so much, so very much. And somehow now I feel I will never see you again. Just right this minute I had that feeling. After so much chasing after you. Ahhhhhh!

#### III

in the alley i leaned the motorcycle carefully against the parking meter and chained it there. She woke to my knock on the door. the shades were pulled down in the small room and i waited for her to get dressed.

outside in the warm sun we held hands as we walked. i paused before taking the chain off and leaned against the bike feeling the warm air in my face. she leaned against me and pushed her slim leg in between mine. when i kissed her she put her tongue all the way into my mouth. I caressed her long black hair and felt happy. such treasure. we headed north on the warm roads into a warm ecstasy of warm hills and flashing trees.

#### IV

with real understanding comes no bitterness somehow I am grateful for the trees, meadow tall grass and deepening shadows of the afternoon when you leaned against my body I followed your line lost it again (then lost it totally) fed it with images that you blew smoke on (the sound of their breaking again and again like little glass figures gave me a bellyache) all day long my images my incredibly hopeful and naive expectation of that one response turning into deepening bellyache What is that one response you asked and I said what makes me feel good what i didn't tell you was that i want you to feed me but you wouldn't understand that or am I too stubborn to accept? Romance, the hardest pillar, the great pillow hardon of my life, the stretched out yearning (oh, the pain) died today some measure and yet not a portion of bitterness to kiss it goodbye

how can we in fields and meadows see with monstrous clarity the death of illusion how wonderful! the slippery dark spaces of the city only helped our hard game how could it surrender amidst these unrelated boxes of pursuit and desperation these slippery surfaces dark glinting gems of opaque vision paths twisted through my brain burned in by some parched and crying need I imagine you to be there and you are in some other place I turn to touch and hear the undeniable complaint the glass walls of your uncertainties staring from their prison

# everyday

it was in the morning that i went from store to store looking for the ny times

i couldn't get it so i sat down with a cup of coffee glimpsed through pages looked at dirty books

the girl minding the store was doing her homework the girl minding the store was doing her homework

going out the door with groceries i said hello to the most beautiful girl in town

mats

POEM: SPELLBOUND

21 - 8º HE

thunderbolts across the sky like all hell's about to break loose any minute

wonderful bad weather outdoors a long grey sky with sleet in it

I spend long hours with colours and paper trying to repeat my name

because a long journey is about to start

last night we burned a bird carcass in the fireplace and the smoke returned to the sky

i would rather have put the thing in the garbage

I have to break a spell my name is written beneath the corners of the mouth

I have to break a spell and urgency is the enemy

I have to break a spell of calm and this debilitating concern with enlightenment

I have to break a spell of energy bound with thought

energy caressed with smoke of self smoke obscure smoke of who

energy urgency spell energy urgency spell energy urgency spell

I have to break a spell that frees the ghost (beads holy hip man show (mark man mad hell

I have to break a spell

faces/street

there's a nod
from the body
coming toward me
it turns
doesn't meet

it's moving
 it's open
 it's turned
and it's turned away

it's tentative
it's wanting
not wanting

to meet

it's walking on the street
 it's in the town
 where we live

it's refugees from unfinished business

8

it's my friends

## Winter in Town

i find

oppression

sauntering down the lanes of winter on the street

i watch faces

howling with lonliness

& hunger

i shall not describe them

i am among them, make no mistake

in the dark breaking
of the year the answer
is here
somewhere among us

as easily as sap

drawn downward

into her roots

# everybody's hassling (blue morning)

"the note the landlord left was nasty," she said to me on the street leading straight up to the beach. the stinging midmorning winter sun held that peculiar hard low angle. M. is crying because i make it with her friends. she plunges into lacerating corridors of neglect, turning envy into selfpity into war. we are both sorry. tears flow unarmed from her face. she screams. down at the beach the water lulls ... a body at rest just like yesterday. the wind jumps on it's surface and ripples spread i hear the peaceful like wings. lapping sounds at the edge... Such i can see i am not temptation. that body at rest. I'm hassling too. But the possibility...of blue water at rest....(gentle liquid...)

the sun going down the sun going down the sun going down the land lord the land lord the land lord smiling smiling asks me asks me how I am I am and how can I say How can I how can I say to him to him the truth that I can hardly can hardly say to him the truth into his smiling smiling face that I have nothing to do today today to this long long day that I am imprisoned in some imprisoned in some deep space deep deep space of unexplained unexplained hurt Where where O where O Lord can you be you be now just now and throughout this long day now when the sun is going down going down the sun is going down And I vowed seven times seven times this morning after meditation after this morning meditation to meditate this afternoon and I hammered and sawed and measured wood hammered and sawed wood wood and lost faith and got it back carpentering shelves and a place to hang the coats in the kitchen and the landlord came and asked and how terrible it is in my face the feeling was not there not there and there is meditation and to do it now that the sun is going down down

Winter Storm II

the changing of the light nostalgia for blood feeding on hunger call it the fun hurt machine

no machine ever asked me for a response

all it takes is manipulation to RELATE to a machine

EROS castrated into a onesided catastrophe of push and pull

no love and no grace, i'm sorry!

standing around an electro-mechanical dance bar feeding on hunger records playing watching vacant faces copulate whipped by hard possessive electric chord changes the Demon driven to reckless tripping thru a succession of images

seeking touch yes

but there's no centre
and there's no space for response
and the landlord raises the rent again
just like you are a
prisoner
of an electric BEEP

handsomely charging the night's hunger in a crazy twisted dance where the locus & focus of aggression allows such little space for response

seduction shoulders dipping hands shaking in the air wet & disturbing though

a thorough freeze
choppy feelings
rushed
sex instead of love
the spirit clippd
to serve the Demon of
american ambivalence and aggression
tantalizing

the women never looked better
in their bodies
 (the faces dead)
tits, bellies and succulent hippy hips
disengaged
provoke aggression
and receive it
and then try living and fighting
off so much pressure

succubus cripple demon SEDUCTION (by the fantastic) a strange machine made in america where the pomp of pop records is only equalled by the impoverished, lame and oppressed and groovy consumer who is continually being fucked by his commodity -more like a cocksucker where after the imperialist slayings we are left a straggling brigade mopping up some kind of bloodless blood captivated by the vagrant memory of a promised feast

MERCUNY

## wandering over dunes

following the spoor of a single deer for miles soft edges of pitch pine

i could hear the crunch of his feet in the sand kept neatly in place by american beach grass

didn't lead me to the waves in the ocean like i wanted

after taking my life into his feet we crossed mankind i became expectant

and how many times felt i had become lost to a winter in solitude a line in heaven inch we sil stand now open and so the working in traces the single in the sound of the sound of

on a Desert Knoll in Western Nevada

FOINED IN Blook the Polich

COYOTE
surprised to see me
brown furry cheeks
and amazing warm wide and alive eyes

the eyes STOP
floating just around the corner
of the sage bush
feet planted in the sand
(i've touched his velvet pads)

he has sniffed the danger face to face TURNS wild softly beautiful

and looks up along the sights of my double barreled shotgun

THE GUN poised (pearl bead

centered at his head

POISED to shoot the rabbit

WE chased over the knoll

where we all stand now mystified in wonder in Prairie life in Nevada We Need More Land

in the old engine i loosen and tighten a million nuts & bolts my sockets fit them all

the crackd bearings worn thru layers of metal scored by low oil pressure

greasy black hands, clothes oil drip in my eye crankshaft, now there's a word with work in it

no humour here bloodskinned knuckles the cast iron wonder chevy 235, 6 cylinders

needs new oil pump piston rings, main bearings rod bearings, gaskets a part from the junkyard

how will it ever run again humming, bearing my nomadic soul thru america

carrying men & women from city to commune high into mountains grass to steel to land

all steel it seems whispering thru rainstorms pistons hum when they are new

the work of eight days brings the song of the american chevrolet in tune once more

timed perfect with a red strobe light i can sit staring once more at american neon road signs

eating revolutionary ice creams

# running together

downstream from the first house there are people what are they doing they put the stone in place first then littered the yard with lumber i brought the saw table up from New Mexico and a roof grew on the house the bread oven had flowers that was baked in the it we laughed a lot in the afternoon in water until the spring dried up hauled in August I walked outdoors with her and ached in my heart to see the moon stand up on her breasts some people drove miles into town for money and it wasn't there others went to new york for Spring i walked up the mountain & crouching on pinnacle hail flung a rock from clouds i could touch sizzled into my face i constructed an adobe fireplace in one corner of the house warmed me when i got back in September 69 january

We live on shifting sands By storm driven seas

at the high tide
waves beat upon
thin walls
in the House of
the Sand Piper Sleeze Queen

OCEAN
push coastline back
170 ft in fifty yrs we live
on shifting sands

By storm driven seas

## OLEMA

the goat and the chickens and the dogs and the cars and the trees and the hills and the cows and the birds and the little dead fawn carcass

the naked people and the lovely shoulders leaning over the dishwashing sink the serapes draped and the hair long and funky and the little babies sucking at the tit

the young coyote and his long legs the timber wolf pelt - huge & thick the singing in the morning the food and the work and the laying around and the moon coming up at night over the hill

the sun and the breeze and the cool and the fires at night time

the travelers and the sun and the fog laying over to one side on the shoulder of the hill

Come graze with me in the front

yards of our mind
Let the private spaces dry up
there is no time for shame

All the colours of our voices and all

the grasses on the hill
All the loving holocaust to come let
loose from the tongue

of the true dragon

All the whispers true
The touches real in the body
The birds joyous being in the open trees
The step that follows the skin is open
The voice a rooster crowing
Up his throat

### FROM THE SWITCHBACK

(i see a great space)

"...find the unity within the unity."
-Katagiri Sensei

the Mountains turned to me

& spoke

Swift Sloping edges of trees catch the morning sun

GREAT SPACE
great space
tilting
ridges pitched
above frozen granite signatures
OPEN-VAULTED rhythmns
hold 3 flitting sparrows
highriding
the split blue shafts
of morning light

the People in the camp below hushed in close near the loud creek

hammering curled steel from wood splitter wedges

(clear ringing sound of iron creasing the sky)

& Hands loosening the earth so plants may breathe

they do not see the piled up grandmagnificence watching over them

# NOVEMBER tassajara

SYCAMORE TREES SLOWLY LOSING

THEIR GREAT LEAVES

ponderous and difficult

attatchment

RED ALDER AND BAY

ALONG THE CREEK

feeling constrained

by a woman

MAPLE LEAVES DRIFTING

DOWN A MOONLIT NIGHT

we made love there

by the creek

MADRONE, MANZANITA, TAN OAK AND

GREAT WHITE OAK ALONG THE RIDGES

false views swelling

crowding

MOON BEGINS TO WANE, MOVES

INTO NORTHERN SKY; RISES LATER

pale and ragged butterfly

skids around

the midday winter sun

LOVE'S BODY, LOVE'S EYE, LOVE'S EAR, ETC ...

SUM

When we trust completely this is our true nature Suzuki roshi

like running full speed downhill shouting
letting the voice spill over into the grass
leaving the belly free

we talked about it

(i saw moonlight reflecting on dark water

(he saw it blasting from a rock

(we talked about it later

## ROSHI'S GARDEN

this afternoon: Pushing
tugging Sweating twisting
(having abandoned the machines)
a half ton stone bowl
mushroomed in the garden

balanced on a stone perch
a rose stem laid there
Bamboo leaves chanted
the Heart Sutra

some tea was served

from the new steaming bowl

Quiet ecstasy was (people) laughing
the close of the day

Maine. He has lived beyond all the questions and doubts of belief and selfsufficiency. He is at peace and does not worry about whether or not he will survive. Questions of how or when or why are behind him. He comes forward without fear and without judgement. He is a man who walks in the light of God. After 81 years of living he speaks with an open declarative voice which is never overbearing, never pushing except out of kindness or an unabashed willingness to communicate. To reach another. He is wise. He has localized all his wisdom so that every movement he makes is sure and without effort.

He is not superlative in any way. He is just unfailingly himself. I lay in the hammock in Bill's yard one day and listened to his voice. He asked about the hippies. What is a hippie he said to Lydia and then proceeded to offer all he knew from watching television, reading newspapers, etc. He went on to draw up his own conclusions. He said that someday maybe they would see that God is not dead at all. Raising his eyes to the space of open trees, grass, sky he said, Why you can see God everywhere. And he extended his hand out over the arm of the wooden chair, gently passing it among the tops of the tall weeds growing out of the earth at his side.

But the movement of his hand!! It struck an infinite balance between the gesture of extension and some force that was outside him. He brought something alive that came part way to meet his hand. He brushed closely an unhurried contact with the whirring presence of the Great Force of the Universal Essence. He shook hands with God.

## teacher

I know i am only seeing

in two dimension
i met Tada-san
walking by the river
he seemed pulled along
by his eyes
up, over there, around
to here

he pointed out with brief movement of both hands and a very quick flashing full smile

the relation
of tree overhang
and rock slope
i saw the warmth
in an instant
and was opened inside
transformed
by lightning
light
love

### RHYTHMNS

walking slowly thru the mtn forest a time sense vast enough

to be illumined

by the spiny shoots on the grain grasses

a sense of slowing down responding to the vastness

complexity

to single things each

in a quiet zone

of it's own life

transient

passing the sun passing one round moment passing eternity

## TASSAJARA JOURNAL

november first

evening

pleaides (the deer) rising

from the EAST

setting in the western

SKY just before

dawn

ACORNS falling

to the ground

all

over the

SANTA LUCIA

range from

BIG SUR to tassajara

hot in carmel valley midday

ORION bold & bright

in southern sky

before DAWN

november second

SUN

disappeared

behind mountain

3:30 pm

### THIS WIND WE SHARE

that deer over there

BREATHES

WARMFACE

DEEP

in the mother's neck

DO YOU UNDERSTAND

FUR?

over there in the brown winter grass and bleak wind

high up on the mouth of the River

she's black at the nose and tail and around the long ears black

the herd is grazing on the hill hidden eye eyes eyes eye eyes eyes eyes

I'll take the ROCK ravine

down to the sea

EAT seaweed; GAZE & listen

come back surefooted

& give YOU this message

foam white Blue (eye) sand

TAKE STRENGTH

from this wind we share

#### I AM YOU

I have come from far away to call you

I am the Great Brown Turtle upon whose back you walk

I am the Eagle that flies higher than any other bird

I am the Rainbow Woman, you sing of me in your appreciation

Do not hide from me I am not deceiving you

I am the Earth you can never depart from

the Rock that gave you rest in the churning waters

the Buffalo you followed on your bicycle

I am the Air you breathe

the Sky and every bird takes flight in me

the throat of your Speech and the Words are my flesh

I am the Fire that warms your blood

the Watcher standing in the shadow of the mountain

the Stillness in your heart with keen and loving eyes

I am the flowing Water of your emotions

the legs you Move

the Seed that carries life under the long winter

I have come from far away Do not hide from me I am not deceiving you

I am the Ways you learn
of digging in the Earth
of loving those you Hate
of singing some new Song
of feeling good at Noon

I am all the Ways lost & buried in the Graveyard of Self-consciousness & Gain comin' alive green again in Hands

Do not hide from me

I am the Brother and the Sister

I am the common Lore asleep in Wage mediocrity & buried deep in superiority

I have come out from all the Elements once more to receive you & I am bound

I am the Manure that you throw out upon the Ground

Believe me and you shall spread it around through conversation poems and food buildings and your movements

I am the Darkness

the Return

the Seed you shall sow again

the flowers following the Sun the clearly Seen, the decisive

I am What Is



moon

# dirge for a motorcycle death

remember the afternoon split asunder by death

i thought i was going somewhere

the afternoon did have a thread to it

my mind's careful construction of reality

so carefully unhinged by your surprise death

motorcycle a new orange one

23 yr old boy carrying wet swim trunks

from Stinson Beach along Rt #1

coming out of an S-curve above Bolinas

under eucalyptas trees overshoots the double line

at the crest of the hill we're both doing 45

an instant i see you an instant later you're dead

for you it's like hitting a brick wall at 90

i hit the brakes but you're coming on fast

sliding into your death sliding head on into my truck

rear m/c wheel locked drifting thru the hot sun

coming into eternity only surprise on yr face

i hear the crash watch you die

suspended in midair out over the hood

somehow you don't come thru the windshield

but thrown back face down in asphalt

the immediate silence fills w/ cold horror

peter said, "he's dead" & got out of the truck

the disintegration final three things happened

your life, the afternoon and the machines

have all come apart in the smallest splitsecond

because of shock you don't bleed

from your wounds yr face is blue

traffic passes slowly faces refusing to accept

your blatant posture down in the asphalt

police come, doctors coroner, wreckers

sweeping up, measuring writing things, photographing

the next 8 hours i spend in mild shock

exhausting reasons blame, karma, my hands

freed by Inga who realizes things happen

and reasons, well there are none

i went back there to that crest of hill

built a little thing of stones & eucalyptas acorns

chanted in the hot sun squatting by the roadside

the traffic didn't know this time either

