BE STILL

By H. B. Jeffery

DWELLING on the Name of Jesus Christ will reveal His Nature to you. You cannot think of His Name without thinking of His Nature and so becoming like Him. That is why He told His disciples to remember His Name. In the Name "Jesus Christ" will be revealed to you His Essence. You will understand Him and the Father.

The Truth Itself works; you do not work It. If you love the Truth, you will see It work. It will reveal Its secrets to you.

Many calls come to me for healing from lack and deprivation. People are not aware of the abundance all about them, and so they see lack. Years ago I was called to see a woman who was almost in fits. She told me she had suddenly received an invitation for the week end and had nothing to wear. She was suffering from nervous exhaustion. I looked at her and said:

"Oh no! I have about twenty pairs of shoes and oodles of clothes, but all the people I am going to see have seen me in those clothes! I haven't any new clothes. I do not have a thing to wear!"

Another woman invited me to dinner at the Place Vendome in Paris where the service was most luxurious (but very little food was actually served). All during the dinner she talked about her need. It was not polite, but I did notice that the amount of the check for the dinner for two was \$12.00 (about \$35.00 today). So in the midst of plenty she was talking about lack.

So it ever is when we rely on the material world for supply. No matter how much anyone has, he is always fearful about where his future supply is coming from. Therefore look to your Source. He provides for you and He has told you it is His pleasure to give you the kingdom and "all these things."

If you as an earthly parent will provide your child with what he needs, why do you not trust your Heavenly Father? He is "Alpha and Omega, the beginning and the ending." There is naught else.

Never worry about tomorrow. Now is the only reality. One can never tell what tomorrow will bring. The things you think you will need tomorrow you may not have occasion to want. Tomorrow can be a wonderful surprise for you. Someone might bring you something just because he suddenly had the idea that this wonderful thing belonged to you.

God is now. That is all you are asked to be conscious of: Now. Jesus said, "The Kingdom of Heaven is at hand." So be in the Kingdom of Peace, Joy, Abundance - now. Keep your eye turned to God; then good will ever be present. Look up; your good is at hand. The Father is ever calling to you. He is whispering to you every second that you are His son.

Jesus said He would send the Comforter. The Comforter is the Spirit of Truth; It is in you. Praise It, and It will reveal all things to you. Jesus ever tried to impress upon man the love that the Father has for him.

Look away from the world of deprivation, concern, and want. See the abundance that is everywhere. Then you will live in opulence, peace, happiness, and joy. Do not look outside for your good. If you turn to your Father you will find your good right where you are. You will be led to the right people at the right time. You will always be in your right place. No one will be able to take your good from you. Should anyone try to take what is yours, your Father will quickly restore it to you.

There is a contagion of good - a contagion of joy, a contagion of health, a contagion of prosperity. It goes forth from you and other persons feel it. If you are aware of the Divine Abundance, others will catch it. Eventually this will rid the world of its ideas of limitation.

"Happy is the man that findeth wisdom. . . . Her ways are ways of pleasantness, and all her paths are peace."

There is only one security - the Father that "changeth not." Every feeling of restlessness or insecurity is a call for you to remember the One. His Satisfaction alone will satisfy you.

Call upon the Spirit of Truth in you. A grateful and appreciative heart will ever bring more good to you. Few people praise life and give thanks for it. Do so and you'll see how much more of it you will express and see in others.

Keep your vision high. Not by your hands. Never say your hands do anything. When your crops prosper do not say, "By my hands." It is all of God.

Do not care what people think. Jesus had to pray all night sometimes. Not always, but sometimes after He had been in contact with many of the fixed beliefs and doubts of the multitude. He had to be alone with the Father. A healer often leads a lonely life. He has to be by himself and get away from the thoughts of others so he can hear the Divine Wisdom. Yet he is not lonely, for he is always in the company of God.

A few months ago I was with a group of people who were not permitted to speak from 9 P.M. to 7 A.M. - not even a whisper. It was amazing how clear their thinking was. Try silence for awhile and see how powerful it is. The way to have the Christ Mind is: "Be still and know."

I affirmed: I will watch my conduct, lest I err with my tongue. I will set a muzzle to my mouth when the sense of guilt confronts me. When I was mute and refrained from any word, then my pain was removed. (Psm 39:1-3)

-Translated by R. A.

SPIRITICITY, April 1966

THE WORLD OR GOD

By Nell Truesdell

LIFE as we live it in the world is an insubstantial dream. Some people seem to have good dreams in continuous succession throughout their existence; that is, by appearances, they display the successes and the good things of human existence without too many of the expected attending sorrows and disappointments to mar the pleasure of good living. Others appear to be caught in a succession of nightmares, wherein they are bedeviled by acute fears, anxieties, and other painful emotional disturbances. These distraught dreamers are generally either the extremely wealthy or the extremely poor. Their lives present either a surfeit of pleasure or an endless and meaningless struggle for existence. They may terminate their aimless living by committing some base crime and so forfeit their personal liberty or they may become atrociously wicked, cruel, ill-tempered, reckless.

The sages, saints, and wise men of all ages have said in one way or another that life in the world is not what man thinks it is: that it is an illusion, a misinterpretation of appearances that are imagined to be real.

Jesus Christ was plain in His statements about worldly life:

"Whosoever will save his life shall lose it: and whosoever will lose his life for My sake shall find it. For what is a man profited, if he shall gain the whole world, and lose his own soul? or what shall a man give in exchange for his soul?"

To His brothers who taunted Him:

"The world cannot hate you; but Me it hateth, because I testify of it, that the works thereof are evil."

To His disciples, privately:

"If the world hate you, ye know that it hated Me before it hated you. If ye were of the world, the world would love its own: but because ye are not of the world, but I have chosen you out of the world, therefore the world hateth you."

Whether you are a beginner in the study of Christ Truth or a student of long standing, know that the world is set against your progress in Truth; for it does not wish to lose a valuable inhabitant.

Whether you came into Truth because the conditions of your life were intolerable, or that you just drifted into the study, know that the battleground of the world will be a quiet plain as you walk surefooted across its vast stretches. Nothing will get in your way unless you invite disaster.

Much as a business organization, a social club, or any group of human beings is sustained by the membership within it, so the world is maintained by the people who dwell therein. They contribute their resources, their thoughts, their love and their lives to the upkeep of the tremendous organization called the world. To keep its membership interested and earnest in supporting it, the

world holds out of reach some bauble that it promises to deliver say, after a specific business or, political or religious office is attained; or after a certain degree of wealth is accumulated; or after an art or a science is mastered; or after some exploration is successfully concluded. The field of action is of no consequence because the payoff is always the same: disillusionment, discontent, and death.

The world is a good thing as the world, but not as a god. For the instant that the world is through with you, it will liquidate you. The one way to escape the grasp of the world on your life is by a transfer of your attention from the world to God. After much practice you will master this transfer and be freed from the world's beguiling tactics. You will not spend your fine energy in attempts to gain success or make material demonstrations to satisfy your lust for prestige and power. You will walk upright in the knowledge that you are a spiritual being.

You will fix your inner vision on God in the Sanctuary of your heart, call on the Name of Jesus Christ, and be receptive to the instructions of the Holy Spirit. You will then know a joy, peace, and calmness of heart that transcend any degree of satisfaction that the world promises. The Apostle wrote truly to the Philippians: "My God will supply all your need, according to His riches in glory (substance) by Christ Jesus." (4:19)

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SPIRITICITY, APRIL 1966

JESUS CHRIST IS GOD

By Robert Applegate (Continued from last month)

THE WORDS Messiah, Christ, and Anointed all mean the same thing. Messiah is the Hebrew term, Christ the Greek translation of it, and Anointed the English word. Every king of Judah was anointed and was called Messiah. Saul was the Lord's Messiah, as was David and Solomon and all the succeeding kings of Judah. After the kingdom had ceased and Palestine had become an occupied country, men hoped for a king to come who would restore the fortunes of the nation as David had done (just as today, in the occupied countries men long for a leader to restore to them their independence and dignity).

In the First Century, when men saw the power that Jesus had, they wanted Him to assume this role of leader, to assert Himself as the King of Israel, as the Lord's Messiah. Jesus refused to accept the role, and generally He discouraged men from addressing Him as "Messiah" because of the political implications of the word. After His Resurrection, a few men perceived that He truly was the Messiah, the Christ, the King - but not such a king as they had expected.

Today men are still looking for their good and the good of their country to come through politicians and statesmen. But politicians and statesmen, dedicated and wise as they have sometimes been, have never been able to improve conditions in the world, except in special circumstances, and then only for a brief time. The political leaders do not truly rule; they are moved by forces and ideas of which they are seldom aware.

Only in His final prayer did Jesus call Himself "Christ," and then He was talking not to men, but to God. He commended Peter for perceiving that He was the Christ, but He went on to explain what His mission was: to be rejected, to die, and to rise from the dead.

Jesus referred to Himself as "the Son of Man." He called Himself this almost exclusively; no one else during His earthly ministry addressed Him by this name.

The thing to remember is that Jesus spoke in terms that were familiar to His hearers -terms that are frequently strange to us unless we make the effort to put ourselves into the mental environment of the First Century in Palestine. The words "Son of Man" meant something to the men who heard Jesus speak them; they are apt to convey little to us.

"Son of man" was, and still is, the Hebrew designation for "man."
Sometimes that is all the words mean. When Jesus said: "The son of man is lord even of the Sabbath"; and, "The son of man has authority to forgive sins," all He meant was that man is master of the Sabbath, not its slave, and man has the power to forgive (erase) mistakes.

At other times, however, Jesus used the words "Son of Man" as a title to refer to Himself. The words still mean "Man," but this time with a capital M. So Jesus said: "Watch at all times, praying that you may have strength to escape all these things that are going to happen and to stand before the (Son of) Man."

Again, the men who heard Jesus speak understood, or should have understood, what He was saying. If they did not take it in, the reason was not that Jesus was speaking in riddles, but that men simply could not accept the obvious meaning of His words. This requires explanation.

"Son of Man" - or, "Man" - used as a title occurs first in Daniel: "I saw in the night visions, and behold, with the clouds of heaven there came One Like a Man. . . . To Him was given Authority and Substance and Rulership. . . . . His Authority is an Eternal Authority."

The Book of Enoch says: "I saw One who was the Everlasting, . . . and with Him was another Being whose countenance had the appearance of a man, and His face was full of graciousness, like one of the holy angels. And I asked the angel who went with me and showed me all the hidden things, concerning the (Son of) Man. . . . And he said unto me: This is the Man who has righteousness, with whom dwells righteousness, and who reveals all the treasures of that which is hidden. . . . Before the stars of the heavens were made, His name was named before the Lord of Spirits. He shall be a staff to the righteous whereon to stay themselves and not fall, and He shall be the light of the Gentiles, and the hope of those who are troubled of heart. All who dwell on earth shall fall down and worship before Him.

. . . For this reason He has been chosen and hidden before God. . . . From the beginning the Man was hidden, and the Most High preserved Him in the presence of His Might, and revealed Him to the elect. . . . All evil shall pass away before His face. The word of that Man shall go forth and be strong."

Jesus and the men to whom He spoke were familiar with these words. The Book of Enoch was put together in Aramaic about 140 B.C. Except for an Ethiopian translation and a few chapters in Greek and Latin, the book is now

lost. But Jesus knew it, and saw in its picture of the Eternal Man the perfect designation of Himself: the One who was with God before time; who even when He appeared on earth was "hidden" and was "revealed" only to the "elect" (i.e., His closest associates did not recognize what He was until after His Resurrection, and even then only a relatively few persons accepted Him); the One to whom is given all power and who accomplishes all things by His word.

(Jesus was familiar not only with the Old Testament, but also with many other books of which we now know practically nothing. The Jews and the Greeks were both literary people, and Jesus grew up in a Jewish-Greek environment, in "Galilee of the Gentiles.")

John wrote in Revelation: "I looked, and behold, a white cloud and upon the cloud sat One Like a Man, having on His head a crown of gold."

Jesus Christ is the Ruler, the Leader, men are seeking.

God is the Being of the Cosmos. Jesus Christ, the Eternal Word of God, the True Man, rules not only throughout the Universe, but also among the nations of men. This Eternal Truth will be manifested as we recognize It and accept It, not as we look out over human affairs with fear or expectation.

It is only the acceptance of this staggering Truth that will bring about the better conditions men hope and labor for. Jesus Christ is King. His Kingdom is not of this world, but it is very operative in this world when it is believed in.

"The seventh angel sounded, and there were great voices in heaven saying:
''The rulership of the world has become the rulership of our Lord and of
His Christ; He shall rule to the eternity of eternities."

(To be continued)

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SPIRITICITY, April 1966

HEALING

By Alden Truesdell

JUST AS EVERY DISEASE is a degree of disintegration or death, so is each healing an integration or restoration to Life; and this is a degree of resurrection from the dead.

Disease or disability is caused by a belief in something other than Truth. And we understand, then, that healing is, in a very real sense, a remembrance — an acknowledgment and an acceptance of That which is true. Were it not for the fact of God's Omnipotence and Omniscience and Omnipresence there could be no healing. If God had created sin, sickness, and death, it would be foolhardy for us to try to eliminate the effect or appearance of any of these. But, because they are products of a lesser, secondary cause, we are able to say positively that, if the First Cause is remembered, the sin is forgiven, the sickness is healed, and the dead will come alive. Changing the belief in misconception into the knowing of positive Reality is the object of healing and teaching of Truth.

Many methods of healing deal with disease as though it were real and the cure problematical, but spiritual healing practices are the reverse of this method. The disease is unreal; the Wholeness is fundamental and ineluctable.

The condition is real only to the patient; the understanding compassion and tender care of God dispel the illusion.

Jesus Christ filled every phase of existence with His own Nature of Love - the Love of the Only Begotten of the Father; and all diseases, all that was unlike Reality, disappeared. If Jesus had come as a scribe, a Sadducee, or a Pharisee, He would have done little and would have become a historical nonentity; but He came in the Name of the Lord our God. Therefore, if we do any healing works of note, they must be done in that Name. A spiritual worker must cut himself adrift from established and acceptable association to do healing work. He must cast out into the deep; he must reach up to the heights; he must be detached from persons, places, persuasions. And if he finds himself getting bogged down in complacency and submerged by public approval, he may remember that, if men persecuted Jesus Christ, they will persecute the followers of Jesus Christ.

Jesus Christ is God. Therefore, if the works of healing are done in the Name of Jesus Christ, it is God working; and good works are assured. The healer simply responds to a call by expressing willingness to be the instrument through which the Wholeness of God is extended to the unholy misconception. If one would heal, he must believe in the Wholeness of God and must let that Wholeness fill all place and space - and let It be Itself, which Self is Love.

"And the prayer of faith shall save the sick, and the Lord shall raise  $\displaystyle \lim_{n \to \infty} up$ ."

## Alphabet of DAILY MEDITATIONS For every week day of the month

## APRIL, 1966

1. AWAKE, AWAKE, put on strength.

2. Receive the BLESSING of the Lord.

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- 4. The COMFORTER . . . shall testify.
- 5. Now is the DAY of salvation.
- 6. The Lord shall ESTABLISH thee.
- 7. The FATHER is With Thee.
- 8. The Lord will GIVE GRACE, and GLORY.
- 9. Lord, be Thou my HELPER.

- 11. The INTEGRITY of the upright shall guide them.
- 12. This my JOY is fulfilled.
- 13. All shall KNOW Me, from the least to the greatest.
- 1 4. Ye are the children of the LORD.
- 15. Follow after MEEKNESS.
- 16. His NAME shall be in their foreheads.

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- 18. OFFER up spiritual sacrifices.
- 19. Ye shall POSSESS that good land.
- 20. The word is QUICK and powerful.
- 21. REMEMBER the word.
- 22. The Lord is a SUN and a SHIELD.
- 23. He will guide you into all TRUTH.

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- 25. He is able to save . . . to the UTTERMOST.
- 26. This is the VICTORY, even our faith.
- 27. Ye also shall bear WITNESS.
- 28. YIELD YOURSELVES to the Lord.
- 29. Be ZEALOUS, therefore, and repent.
- 30. Let not your heart be troubled.

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"When thou prayest, enter into thy closet, and when thou hast shut thy door, pray to thy Father which is in secret; and thy Father which seeth in secret, shall reward thee openly."

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As electricity is the working power of the electrical principle, So Spiriticity is the working Power of the Spiritual Principle.

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