

ONLY BELIEVE

By Nell Truesdell

OF ALL the religions in the world, the Christian religion is the only one whose followers can say that its Founder was resurrected from the dead. Followers of the leaders of other religions visit their tombs and graves, and celebrate the day of their death. Christians are the only persons who can celebrate the Resurrection from the dead of their Leader, who has been loved and worshipped from the time of His Resurrection. His death is not denied; His Resurrection is a historic fact that cannot be refuted. At the time of Jesus' Resurrection and in the years immediately following, no person or group of persons who hated the Name of Jesus of Nazareth (and who refused to believe in Him) was able to bring forth any evidence to disprove the fact that the Man Jesus Christ had risen from the dead. Many who had cried out their wish that Jesus be crucified stood in the vast crowd on the day of Pentecost when Peter exhorted his listeners to repent and be baptized in the Name of Jesus Christ - "This Jesus God raised up, wherefore we all are witnesses." (Acts 2:1-41)

Jesus Christ arose from the dead because death had no hold on Him. Death was conquered by Jesus' Resurrection. Jesus' release from the grip of death could be likened to the birth-pangs that a newborn child experiences when it is released from its mother's body. Jesus' birth out of death was as miraculous as His birth into life. His Resurrection cannot be disproved because Jesus Christ appeared to His followers on many occasions. Doubtless many more appearances occurred that are not reported in our Scripture. But all that are reported are the fulfillment of a promise that He Himself made to His disciples (the eleven) on Thursday night before His Crucifixion. After their last meal together, Jesus and His men had gone to the Mount of Olives. He said to them there: "All ye shall be offended because of Me this night: for it is written, I will smite the Shepherd, and the sheep of the flock shall be scattered abroad. But after I am risen again, I will go before you into Galilee." (Mt. 26:31-32) (Mk. 14:27-28)

Ten of Jesus' appearances during the forty days that elapsed between Easter morning and the day of His Ascension have been reported. The first five appearances began early Easter morning and concluded late that night. One week later (the sixth appearance), Jesus made Himself visible to the eleven apostles, Thomas the Doubter being present. (Mt. 28:16) The seventh appearance was to several of the disciples who had been fishing all night in the Sea of Galilee. (Jn. 21:1-23) The eighth was to Peter (Cephas): the ninth was to James (believed to be the Lord's brother); and the tenth was when "He was seen above 500 brethren at once." (I Cor. 1:4-7)

All who saw Jesus Christ after His Resurrection were marked men. Probably most of the 500 who saw Him were of the younger generation; for more than twenty-five years after the Ascension they could be questioned.

Luke reports the Apostle Paul's experiences while on his way to Damascus to persecute Christians and bring them bound into Jerusalem:

"As he (Paul) journeyed, he came near Damascus: and suddenly there shined round about him a light from heaven: and he fell to earth, and heard a voice saying unto him, Saul, Saul, why persecutest thou Me? . . . I am Jesus, whom thou persecutest." (Acts 9:3-5)

The Apostle Paul became the most forceful character in spreading abroad the word that Jesus Christ is the Savior of mankind. He said that if Jesus' Resurrection were not a historic fact, not only would man's faith be vain, but there would be nothing for him and all succeeding Christians to preach. "If in this life only we have hope in Christ, we are of all men most miserable. But now is Christ risen from the dead. . . . For since by man came death, by man came also the resurrection of the dead. For as in Adam all die, even so in Christ shall all be made alive. . . . For He must reign, till He hath put all enemies under His feet. The last enemy that shall be destroyed is death." (1Cor. 15:19-26)

For century after century no person has been able to prove that Jesus of Nazareth was at fault at any time during His life or in His ministry. Why, then, in this day are men and women ashamed to acknowledge Jesus Christ and His teaching? The answer is, in part, that His teaching reveals men's failure to surrender their prejudices - prejudices that, if not forsaken, would prove to be wrong. Jesus Christ calls man to a positive change of life. The ideal of Jesus Christ refutes man's sense of his personal nobility - his pride of achievement and prestige. All who follow the will-o'-the-wisp of personal success are moving on the downward path that leads to destruction.

Man so willingly takes into himself spirits that confuse and confound him. His curiosity leads him into false teachings about himself: that he can will himself to riches, continued health, successful relations with others, and contentment. Nobody in the world is satisfied save those who dare to suffer for Christ's sake. Suffering, in Christ Jesus, does not mean hardship, deprivation, and lack of necessary things. Suffering, in Christ Jesus, means the hurt that comes to one who turns away from all that he believes is good in order to face something better - something he neither knows nor understands.

One "dies" in Christ Jesus. Not the death that a human being experiences "in his last hour" on earth. He dies (suffers) to an old way of life in the world in order to expiate his own sins through his belief in Jesus Christ as the Son of God. This death is the door to Life Everlasting: the knowing that spiritual livingness can never dissolve or be lost.

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SPIRITICITY, April 1968

PSALM 96

Translated from the Hebrew By Robert Applegate, Ph.D.

1 Sing to God a new song;
 all the earth, sing to God.
(The "new song" {which is mentioned in Isa. 42:10; Psm. 98:1; 149:1; Rev. 5:9} is the song of deliverance: "God rules!" Psalm 96 was perhaps composed to be sung at dawn of the first day of the Hebrew New Year; the new song greeted the new year.)

2 Sing to God, worship What He Is;
 declare from day to day the Good News of His Help.

(The Hebrew word translated "proclaim the Good News" is basar; the Greek translation of it is euangelizo {which has been taken over in English as "evangelize"}). In the NT, the Greek word is usually translated "preach the Gospel." So to "preach the Gospel" is to proclaim the Good News of God's Help.)

- 3 Repeat among the nations (worldly attitudes) His Glory -
among all the peoples (thoughts in consciousness) His
marvelous works.

- 4 For truly God is Great and greatly to be praised;
He is awesome above all "gods."

(Verses 4, 5, and 13 are the heart of the psalm, introduced by the Hebrew word ki. This word ki means because or for {i.e. this is the reason for all that goes before}, and it is also an emphasizer, for which truly is a weak rendering but the best I can do. In verses 4 and 5, the "gods" represent the power of the nations of the earth. In contemporary terms we should have to say: "He is awesome above all national power. For all the power of the nations is nothing.")

- 5 For truly the gods of the peoples are nothings, but God made the
Universe.

- 6 Splendor and magnificence are before His Face; power and beauty are in
His Holy Place.

(The Greek translation {Septuagint} has for this verse: "Praise and beauty are before His Face; dedication and magnanimity {high mindedness} are in His Holiness." This is not a literal translation but an explanation in contemporary terms of what the verse meant to the worshipers in Alexandria. We can scarcely do better.)

- 7 Ascribe to God, all families of nations - ascribe to God Power and
Substance.

- 8 Ascribe to God the Substance that is His Nature;
bring an offering and come into His courtyards.

- 9 Prostrate yourselves before God at the revelation of His Holiness;
all the earth, travail before His Face.

(In most translations this is rendered "in the beauty of holiness" or "in the beauty of holy array"; but Ugaritic texts have shown that the Semitic word hadarah does not mean "beauty" or "adornment" but "revelation," as Joachim Krauss tells in his commentary on the Psalms.)

- 10 Say among the nations: "God rules! the world is set firm; it shall
not totter; He directs the peoples in right (prosperous)
ways."

- 11 The heavens shall rejoice; the earth shall whirl for joy -
though the sea and its fullness roar.

(The "sea" in Semitic symbology represents the spirit of chaos that seems to rule the lives of men and of nations, producing wars, calamities, diseases, death. Jesus called it "the prince of this world" {or, "the ruler of this world"}. Modern science recognizes it as the natural tendency of all things to approach a state of chaos. The hymn "Jesus calls us o'er the tumult of our life's wild, restless sea" conveys this meaning of the word sea.)

- 12 The fields shall exult - and all that is in them;

all the trees of the woods shall then shout for joy

13 Before the Face of God; for truly He comes -

for truly He comes to rule the earth. He shall administer the world in justice - and the peoples in His Truth.

(Again: the main thought of the psalm, introduced by the Hebrew word ki. The last two words could equally well be translated "He is coming," or "He has come." In this particular Hebrew verb, the forms for the present and the past are identical. And in God past, present, and future are one.)

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NOTE: Substances as we understand It, is all the QUALITIES of God: Life, Love, Intelligence, Power, Peace, Joy, etc. Whenever one Quality is accented, all the other Qualities are present to support and fulfill Its effectiveness: in short, to give It Substance.

SPIRITICITY, April 1968

PROSPERITY MEDITATION

By Alden Truesdell

I KNOW that the Presence of Joy, Life, and Intelligence in which I live is the Miracle-Working Power of the ages. As I learn to agree with the Divine Determination of this Presence, I witness miracles of splendor coming in natural sequence to bless me with security and prosperity.

Therefore I will pray: "Teach me Thy Way, O Lord, and lead me in a plain path. Teach me to do Thy Will; for Thou art my God." (Psm. 27:11;143:10)

Prosperity is present, and prosperity is at my service. It is my prerogative to command prosperity to manifest for my use; for prosperity is of God, and it is God's pleasure to give me all good now. In my heart I hear the promise: "Son, thou art ever with Me, and all that I have is thine." (Lk. 15:31) Therefore I am assured that since all good belongs to God, it is mine to use and to enjoy.

Now do I acknowledge my origin; now do I accept my inheritance; now am I God's dearly beloved. Now I have enduring riches of the Spirit; now I am in dominion over all my good; now I am a partaker of all that the Father has. Now does all Reality and all manifestation work together for my highest good. Now I am lifted up; now I will praise my God; now I will commit my spirit unto Him, for He has redeemed me. "In Thee, O Lord, do I put my trust. My times are in Thy Hand. Oh how great is Thy Goodness which Thou hast wrought, for them that trust in Thee!"

There is no lack, no absence, no loss, no deprivation. There is no possibility of my being separated from God. I know that I live in the midst of plenty and that all the Father has is mine.

Now I am assured that works of magnitude can be accomplished by my relinquishing my will to coordinate with God's Will. Now I know that the All-providing, All-accomplishing Principle called God is Itself - the permanent Doer

of miracles - in this present time and throughout all the ages. It stands by and is ready to operate with unfailing efficiency - to accomplish all the miracles of Life for anyone who worships in Spirit and in Truth. Miracles remind me that I possess the capacity to agree with the High Intelligence that rules the Universe.

In this knowing, I give thanks unto the Lord Who is my strength and my shield. As My heart trusts in Him, I Am helped.

"I will bless the Lord at all times: His praise shall continually be in my mouth. O taste and see that the Lord is good. They that seek the Lord shall not want any good thing." (Psm. 34:1,8,10)

I will listen to the powerful Voice of the Lord that speaks in the midst of me. He is full of majesty; He is great. When He says, "Seek ye My Face," my heart replies, "Thy Face, Lord, will I seek." Amen. (Psm. 27:8)

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SPIRITICITY, April 1968

HEALING PRACTICE

By H. B. Jeffery

(Notes taken at a public lecture by Nell Truesdell - continued from last month)

DISEASE is the EFFECT, the RESULT, of the non-activity of good will. A holding of grudges causes disease. All disease is in the mind of man whose Real Nature is Divine. All disease is due to the non-realization of who and what man is. Man has forgotten, and has become disturbed.

Back of all illness is fear of some kind. Fear comes from feeling a sense of apartness; it in turn causes morbid states of mind that are reflected in the body. Diseases are nothing but shadows cast by false states of mind, but what is untrue has no power, no being. So when you see illness, know it has no power. The thing which people describe to you is nothingness.

Turn back to the Source. Analyze Omnipotence, Omnipresence. Keep the eye single, the will firm and changeless. Know: "I am the Lord, I change not." God can be relied on. Illness is due to relying upon something besides God. Worrying about income is often the cause of disease, especially in the legs. You cannot be disturbed by these false states of mind. Ever hearken to the Divine, whose Nature is Joy and Peace. Peace is the power. Acquaint yourself with the Divine and you will acquire the Peace that dispels disease and brings healing.

The materialist ridicules the spiritual scientist. He says: "What do you know about disease? How can you heal if you know nothing of disease?" The musician studies harmony, melody. He knows these and is immediately able to detect inharmony, but he does not get his understanding through studying inharmony. One who is hypersensitive to God, to the Heavenly Order, is immediately aware of what is not godly. So in healing, it is not necessary that you study disease.

"Acquaint now thyself with Him, and be at peace." Be conscious of "the peace of God, which passeth all understanding." Often a case needs only that

sense of peace: all that it is necessary to bring into the sickroom is this peace. As it sweeps through the room, it brings healing and harmony. Never lose that sense of peace. If you lose it, repair at once to the High I Am and get into a state of peace.

In healing, you are always healing in your own consciousness. Never try to change the mind of a patient. How aware are you of the Divine when your challenge comes? Rid yourself of all but the Divine. Truth is like a diamond with many sides; these are the attributes of the Spirit: Peace, Joy, etc. Peace and Joy go together; they are essential in any healing. When Joy is lacking, the body is lowered in tone. All parts of the organism let down because of the absence of Joy. In healing you restore this Joy through your knowing that God is Omnipresent Joy. There can be no loss of Joy, no absence of Joy.

There is only One Life. Every manifestation is of that One Life. Scientists are trying to create life through experiments in the laboratory. They are blind, for everything they are using is an expression of Life. There is no life except from Life. Life is God; God is without beginning. All forms of life are expressions of that One Life. God is Life, everywhere filling heaven and earth. A healer must be firm in knowing the omnipresence of the Life of God.

Maintain in your medicine kit peace, joy, and the strength that comes from joy. From this strength comes the power to endure, the patience that can stand firm, no matter what the patient may think or say about you or about God.

The nose indicates whether a man is interested in what is good and true or what is base. The nose corresponds to the slant of the mind, to the attention of the mind. When the mind is centered on things from Above, the lining of the nose senses out and partakes of the finer substances. Where the thoughts are not of a high order, there will be a thickening of the lining of the nose and a corresponding thickening of the mucus. Where the thoughts are heavy and earthly, there is a gathering in the sinus. When the mind is centered on high, the mucus is volatile and light - just heavy enough to catch the impurities in the air.

The nose has to do with the fine volatile essences. We can do without food for a period of time, but we cannot live long without the essences breathed in through the nose. You can be none too careful about the selection of your place of abode, for the food you take through your nostrils is more important than the food you take through your mouth.

In treating for catarrh, treat for the lifting of the affections and for purity. The curious mind is not a particularly interested mind. What is taken in is passed out as gossip. This does require a high mentality. Nosey people tend to lower the tone of their mentality.

The nose is indicative of the inner perceptions. If a person dominates his fellow man, this will be indicated in the nose. If there is love for pure Truth in the abstract, you will generally find a well-formed nose. The delicacy and sensitiveness of the nose is governed by the love of the interior things, or the things of the Spirit. This shows very pronouncedly to those who can read the signs.

The body has no life of itself; as healers we need to remember this. Life is an Animating Principle that infuses itself through the body. Jesus lived in a Realm transcendent to the senses. He saw into the Realm of Reality, beyond

appearance. When you have devoted yourself to the Truth, a high order of spiritual Life is revealed; it does not exercise itself through the self-seeking mind. There must be that self-abdication that allows for the inpouring of the Divine Power.

(To be continued)

Alphabet of
DAILY MEDITATIONS
For Every Week Day of the Month

APRIL, 1968

1. O sleeper, ARISE, and call upon thy God.
2. BLESSED Be the Lord God.
3. The King of glory shall COME.
4. DECLARE His Praise.
5. The ENTRANCE of Thy Words giveth life.
6. Seek His FACE evermore.
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8. Before Him shall be GATHERED all nations.
9. The ears of them that HEAR shall HEARKEN.
10. Christ maketh INTERCESSION for us.
11. Thy Word is unto me the JOY of my heart.
12. Be KINDLY affectioned one to another in brotherly love.
13. Be ye LIFTED up.
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15. The Lord your God is gracious and MERCIFUL.
16. All NATIONS shall call you blessed.
17. OPEN Thou mine eyes, that I may see.
18. Let every man PROVE his own work.
19. The Word of God is QUICK and powerful.
20. Search out a RESTING place.
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22. His glory SHALL be SEEN upon thee.
23. Lead me in TRUTH and TEACH me.
24. Good and UPRIGHT is the Lord.
25. This day I paid my VOWS.
26. My WORDS, saith the Lord, shall not pass away.
27. Rejoice and be exceeding glad.
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29. I pray that YOU may abound YET more and more.
30. The Lord our God is a ZEALOUS God.

"When thou prayest, enter into thy closet, and when thou hast shut thy door, pray to thy Father which is in secret; and thy Father which seeth in secret, shall reward thee openly."

As electricity is the working power of the electrical principle,
So Spiriticity is the working Power of the Spiritual Principle.

CHRIST TRUTH LEAGUE, 2400 Canton Drive, Fort Worth, Texas, 76112

Dear Reader:

This April, 1968, issue of the magazine SPIRITICITY will be the last one to be published. After twenty-eight years of writing and stenciling this periodical, we feel that we may accept the opportunity to discontinue the paper so that we may apply our time to producing a textbook for students of the Christ Truth.

If you want answers to questions about Christ Truth or if you want to receive a private letter of instruction concerning any point in Christ-Truth teaching or in the handling of your personal problems through a deeper understanding of Christ Truth, we shall be glad to minister to you through our letters.

If you have paid for your subscription and want a refund on the unexpired portion, we shall be glad to send it to you. Or if you would like to apply this sum for a copy of one of the books by H. B. Jeffery and will send us the difference between the price of the book and the refund due to you, we shall send your selected book immediately. If we do not hear from you, we shall accept the price of your unexpired subscription as an offering to the Christ Truth League.

Our blessings, benedictions, and prayers are offered daily in your behalf. They will appear clearly before your face by the love which we justly have in our Lord Jesus Christ.

Sincerely, yours,
Nell Truesdall