

## GOD IS ALL

By Robert Applegate, Jr.

WE FREQUENTLY make the statement that God is All, or that God is All-in-all. The statement occurs in one form or another several times in this issue of the magazine. But it will not hurt to say a word more about it; for this is the base on which we stand, and there is where most people part company from us.

This idea is stated frequently in Scripture, as in the famous and often-quoted verse in Isaiah: "Face Me, and so be delivered, all the ends of the earth; for I am God and there is nothing else" (my translation). In the New Testament, the statement is usually put in the future: Christ will be All-in-all. But it is also said that Christ is "the same yesterday, and today, and for ever." So the futurity must be in our becoming aware of what eternally is.

The fact that a thing is stated and repeated in Scripture does not carry too much weight today. After all, men say, you can find anything you want in Scripture - which is true. Yet we find this same thing - that God is the only reality - stated by all the greatest mystics: the giants who have changed our ways of thinking and so have changed the world. Those who study the mystics admit that these men have been completely right in most of what they said, but again they part company with them at this point.

Those mystics who were intellectuals, such as Socrates and Plotinus, "proved" the idea of the Allness of God logically. Since their logic has been unanswerable the scholars have said they "let their logic run away with them"; or they have heaped ridicule upon them - man's constant answer to an unwelcome idea that he cannot refute.

We never try to prove our basic stand, because we know that no one is ever convinced by logical proof. Man's mind simply does not work that way. But we do point out that this axiom explains many things that otherwise are unexplainable.

That God is All, that God is the Only Reality, that the whole material world that seems so real is nothing but a "dream of the senses" explains how Jesus Christ and His followers could do things that everyone knows are impossible, and yet maintain that they did nothing. For what did Jesus do? He knew the Allness of God and the non-reality of everything else. Wherever He went, and there was someone who was receptive, what He knew came forth into visibility, so that others could see it. There is no other reasonable explanation for what He did and what He said. When He raised the dead son of a widow, He did not do anything to the boy. He knew that God is All and God is Life; therefore the boy was not dead, no matter what the appearance. He simply said, "Young man, get up," and the boy got up. That is the proof.

(To be Continued)

SPIRITICITY, December 1965

RESIST NOT

By H. B. Jeffery

OBEDIENCE to the Divine brings a meekness, but it is not a meekness toward men. It is a meekness toward the One Power. It will make you so positive that everything will bow down and serve you. You will find yourself of a firm mind, for you will be reflecting the Mind of Christ.

"Ye are complete in Him, which is the head of all principality and power." Many people are looking for stability and security outside themselves. They think that by accretion they can make themselves more secure, but God changes not and you live in Him. Security comes from within. The more you remember that you are a son of God, a spiritual being, living in a Spiritual Universe, the more secure you will be.

There is always a pull downwards when you think of the world as material. You feel depressed and weakened. Knowing that you live in a Spiritual World will lift you up. In the opera Parsifal, it is only the innocent fool who sees no evil who can heal the wound of King Amfortas. Have his innocence and purity.

People think that the Truth is impractical. It is most practical. Every desire you have to do something is telling you that you already have that which you seek. The Grace of God is given to all who ask. Grace never judges; it just gives. To thief or saint, it gives freely. It is as though God were saying: "Here it is! take it; it is yours."

You do not have to struggle or strive or resist. Know the Grace and the Glory of God right where you are. If you will consider what resistance is, you will see it is a form of egotism; it is thinking you have power to use. You do not have any power. God is the Only Power. There is only One Mind; you live in it.

Jesus Christ did not recognize the death of Lazarus. He looked up; and as He beheld the Divine Perfection, Lazarus came forth.

He who has looked at a beautiful painting or sculpture is never again the same person. The influence of beauty is silent - but how powerful! The Call of the Spirit is silent, but it is limitless in Power. "Behold, I call all the day long."

To give a concrete example: A woman artist had been successful, doing creative work, and she had achieved a good place for herself. She found herself with a bequeath of an apartment hotel. Since she felt that she had no training to conduct the business of an apartment house, she consulted a metaphysician. He told her: "Art is the expression of Divine Beauty and Order; Divine Order is business ability."

She realized all the good the apartment house was doing, for people had to live in good surroundings - in order and harmony - and she realized that the Divine Intelligence would reveal to her the proper way to run the property. She soon found the apartment being run smoothly, and she found she had increased in her skill in art, for the business experience broadened her vision. She traveled in all parts of the world and became internationally famous.

The mark of a Christian is that he is not suggestible to the race consciousness. He stands firm on the Rock of Christ. The world is preoccupied with the appearances, with the realm of form and confusion. Salvation is being saved from appearances, from this realm of form and confusion. The Truth-students are acting as a sort of lever to lift the race consciousness. You cannot lift the masses, but here and there you can lift an individual, who in turn does this for others. "A little leaven leaveneth the whole lump." It is not done by personal effort, but here and there others will catch the light from you. And so your firmness, your salvation from all materiality, will save others. A chance word of Truth of yours may be the means of saving someone you have never seen.

In the old metaphysical schools they used to teach: "Make the Truth real to yourself and then your patient (the one you want to help) will catch it, for there is only One Mind." They do not teach that any more, but they should. If the Truth is real to you, your patient will catch what he needs and be healed.

A man I know held an important position in a company, but he suddenly found that the nephew of the president had been taken into the company and set over him. The nephew did not know the business and would blame others for the mistakes that were the results of his own shortcomings. My friend knew so much about the business that he could see what should be done, but he was never consulted. He was simply blamed when the nephew's orders resulted in failure. He became depressed; he developed severe headaches, stomach trouble, and ulcers. He looked for metaphysical help. He was told: "There is but One Mind; It is filled with Infinite Intelligence, Kindness, Order, Harmony. If you dwell on this you will see it."

The next day he had to attend a board meeting. As usual the president asked all the other men for their opinions and neglected him. But suddenly he looked at him and said, "Why, Mr. Smith, it is a long time since we have heard any of your opinions. What is your solution for the problem?" The man answered; and the president said, "Why, I believe this is the answer." After the meeting he asked the man if he would have lunch with him the following day to talk things over. The next day at lunch many things were discussed and the president felt so confident in this man's ability that he made him a consultant. His time was his own - he did not even have to appear at the firm if a letter or telephone call would do - and his salary was more than doubled. There is only One Mind. In the day of adversity, look up!

"Awake, thou that sleepest, and arise from the dead, and Christ shall give thee light."

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SPIRITICITY, December 1965

CHRISTMAS

By Alden Truesdell

EACH YEAR at this time we find ourselves in the throes of our most thorough celebration of the year. It is the Christmas Season, the year's most popular and universally observed holiday. For most of us, it still retains some of its childhood mystery.

Although we may skimp and save all during the year, because we seem not to be able to afford certain things, either all of this changes or we ourselves become different creatures at this time of year. For suddenly we may find ourselves spending money we didn't know we had for things to give that the recipients didn't know they wanted. It is a time of unrestrained exercise of the productive practice of giving. Those who give receive greater benefit than they know. Even the one who is coerced into giving a reluctant present will receive hidden benefit. The race itself is in part restored to the normal state of spiritual health by the breakthrough of the spirit of giving.

The celebration does seem to get out of hand, with great expenditure of energy, time, and money. It affects everyone in one way or another. Some call it commercial, which indeed it has become; and yet each one senses a deeper meaning which, before the season is completed, has worn down the most hardened Scrooge.

The idea of giving, expressed as it is so opulently and extravagantly, has a therapeutic value in expanding the awareness of the individual.

Jesus Christ told us that, if we give, it will be given unto us; or as Luke has recorded the saying: "Give, and it shall be given unto you; good measure, pressed down, and shaken together, and running over, shall men give into your bosom." This formula that Jesus taught is dependable, but we must practice it, to prove it.

We need not wait for Christmas to experience the benefits of giving. Any time one has a feeling of lack or insufficiency of any sort, if he will find something to give and someone to give it to, he will experience a pleasing sense of expansion, a feeling of well-being that woos Providence and promotes prosperity. He will then see how the race itself derives benefit from its periodic splurge of giving.

At heart, each one knows this, as each one knows that the story of the Birth of Jesus is an account of his own Christ-Birth - of the Birth of Christ that has, or will take place in him.

If we could trace the Christmas activities back to their origin, we would see the Spiritual Realty which they symbolize. Then all the raucous clamor and the ornate decoration would direct us to a universal and fundamental truth: When the people practice God's Laws, God comes and dwells with them.

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SPIRITICITY, December 1965

OUR THREE LETTERS in the November issue of SPIRITICITY concerning the Immaculate Conception of Jesus of Nazareth stirred interesting responses from friends. A few voluntary letters follow:

Dear Friends:

SPIRITICITY magazine reached me within the last hour. I read it from beginning to end - as always - but I feel that I must tell you how much your three answers have helped me. Thank you for "keeping me on."

I became a real dirt farmer April 1st, and now have all I raised - canned and on shelves in the basement - just waiting for you three to come help to eat

all the good beans, corn, tomatoes, beets, plums, cherries, apple-butter, etc., etc., etc.

Thank you again for the "three letters" on the Virgin Birth.

Lovingly,  
Mrs. A.L. Chalfont, Pennsylvania

Dear Mrs. Truesdell:

At first reading I was shocked at the explanations of the Virgin Birth in the November issue of SPIRITICITY. However, I am glad to tell you that I have recovered and, better than that, have an entirely new understanding of the miraculous happenings in every conception. What if we understood the Laws of Creation and cooperated with them! I believe that if human beings as a whole could grasp these laws, they would be freed from the limitations of "breeding" by their blind obedience to "natural impulses" that mask the laws of generation; and that perfected souls would spring forth completely and fully developed under the Laws of Spiritual Regeneration. What a thought!

Please let me thank you for your fearless statements. And please renew my subscription for another year to SPIRITICITY.

Sincerely yours,  
Mrs. T. McW. Augusta, Maine.

My beloved Friend:

SPIRITICITY came this afternoon (we get our mail at one-thirty) and I sat and read it through. It is so interesting and it answers questions that I know many of us are happy to have answered. I would like so much to know Dr. Applegate and I know how very happy you and Dr. Truesdell are to have him there with you. I especially like your explanation. It makes it all so much clearer to me than I had understood it up to now.

I will be writing again soon. God's richest blessings be upon you and all your doings.

Fondly,  
Mrs. E. G. Swannanoa, North Carolina.

Dear Truesdells and Bob:  
Well done. Your three letters junk a lot of false notions.

Thanks,  
B.L.

Dear Mrs. Truesdell:

Because I am searching for spiritual understanding, will you please answer my question: What can a mother do to reenter the spiritual innocence of a child in order to be born of the Spirit?

Sincerely,  
Mrs. E.M.C. Muncie, Indiana.

My answer:

Human faults are buried deep in every person's consciousness. The world, with its manifold deceits, snares the unfortunate souls that remain ignorant of their Divine relation to God their Father. One of the truths that Jesus Christ teaches is that we as sons of God are essentially spiritual and that whenever we

wish we may turn away from the world and begin to purge our consciousness of overmastering desires of the flesh.

There are eight faults that are heedlessly cultivated by every unawakened person who has fixed his attention in the world and is obedient to its laws. The faults are: 1) Gluttony or the pleasures of the palate; 2) Concupiscence or sex; 3) Covetousness or the love of money; 4) Anger or fury toward somebody or something; 5) Dejection or hopeless defeatism; 6) Spiritual Sloth or bitterness of heart; 7) Vainglory or elation over one's worldly achievements; 8) Pride or the dreadful fault of self-importance that devours those who have almost attained a realization of spiritual sonship.

All aspirants are drawn away from contemplation of God to the misery of bodily thoughts. Whenever we repent (turn away from) them we may acquire by grace the benefits of spiritual thoughts such as: modesty, continence, prudence, humility, mercy, temperance, pity, and justice. You have come to the point where you sense the sublime things of God; think on them, and flesh desires will wither. At every opportunity withdraw your attention immediately from awareness of a fault and look toward God in your heart with reverent gratitude. This is difficult at first, for the attention wanders outward because we are not in the habit of directing it inward. "Pray without ceasing," Paul wrote; and Jesus in one of His parables said that men ought always to pray. Remember God in your heart; this is the rewarding way to pray. The Lord, through Isaiah, said: "To whom shall I have respect, but to him that is poor (receptive) and of a contrite spirit, and that trembleth at My words."

Begin now to teach your children to look inward; the Sanctuary of God is in their hearts. If you succeed, you will have done more for them than if you work to leave them a large worldly inheritance. Learn to pray: "Confirm, O God, what Thou hast wrought in me."

Do not judge yourself harshly, for this is a form of pride. All of us were subjected to notions that pass for Truth. "Now this I say, that flesh and blood cannot inherit the Kingdom of God. . . . For this corruption must put on incorruption, and this mortal must put on immortality." -- Paul

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SPIRITICITY, December 1965

A LETTER

Dear Mrs. Truesdell:

When I attempt to eliminate the negative memories that flood my mind when I want to meditate, shall I concentrate on past mistakes and by remorse try to dissolve them or should I ignore them? Please give me practical instruction for this is a serious problem. (Mrs. E.N.)

My answer: When we recall past mistakes we had made through ignorance of principles, and try to erase them by pressure of our will or by feelings of sorrow, we increase our sense of guilt and so needlessly suffer untold agonies of spirit. Grief over past events stultifies mind, sickens body, and destroys material affairs. Many persons suffer failure in business because of their intense sorrow over a former offense that veils God's ready forgiveness.

"Behold, for peace I had great bitterness, but Thou hast in love to my soul delivered it from the pit of corruption: for Thou hast cast all my sins behind Thy back."

We have erroneously been taught that remorse will clear our conscience of the bitterness of memories of mistakes. This is not so. It is impossible to have good thoughts when our attention is glued to ruinous notions about something that exists only in our imagination. "He that turneth away his ear from hearing the law, even his prayer shall be abomination."

Recollection of past sins must be immediately expelled for it greatly hinders our longing to enter the courts of the Lord.

Since we move into any given experience by way of our attention to it, we may also move out of an unhappy experience through repentance or turn our attention away from it. What benefit is there in our continually returning to any image that haunts our soul? Our truest test of having received the rewards of repentance is our sense of release from guilt. Such release, of course, is never gained through a superficial act of regret. For if our imagination is stirred pleasantly by a recollection of secret sins while we are attempting to remove their stain from memory during a period of meditation, our hearts are not cleansed. Complete purity of heart comes only when we purge out remembrance of past faults.

Many years ago I wrote a statement that may benefit you:

All the Energy in these memories is pure, spiritual Energy. I now release this Energy from the grip of mortal thought so that It is free to express Itself perfectly in my mind, body, and affairs. For this realization, I thank God in the Name of Jesus Christ.

Isaiah wrote: "Come now, and we will argue together, says the I AM. If your mistakes are as scarlet, they will be as white as snow; if they are red like scarlet cloths they will be like wool. If you are willing and listen, you will eat the good of the land. If you refuse and rebel, you will be eaten by the sword." (Trans. by R.A.Jr.)

God never beholds our mistakes. If we are as merciful toward others as God is merciful to us, we shall know the purity of heart that cleanses our soul of all mistakes and reproaches.

Alphabet of  
DAILY MEDITATIONS  
For every Week Day of the Month

DECEMBER, 1965

1. Be of one ACCORD, of one mind.
2. I cannot go BEYOND the Word of the Lord my God.
3. CONSIDER the work of God.
4. He hath DEALT wondrously with you.  
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6. God EXALTETH by His Power.
7. The FRUIT of righteousness is a tree of life.
8. The meek will He GUIDE in judgment.
9. HEAL the sick.
10. INCREASE IN knowledge of God.
11. JUSTICE and JUDGMENT take hold on thee.  
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13. He is of great KINDNESS.
14. LET us LIFT up our hearts unto God.
15. O MAGNIFY the Lord with Me.
16. But one thing is NEEDFULL.
17. Set thine house (consciousness) in ORDER.
18. By Thy mercy is iniquity PURGED from me.  
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20. QUICKEN me, O Lord, for Thy Name's sake.
21. Come ye apart and REST awhile.
22. Be SATISFIED and praise the Name of the Lord.
23. TURN unto the Lord your God.
24. The Lord . . . is longsuffering to US-WARD.
25. Talk ye of His WONDROUS WORKS.  
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27. Walk worthy of the VOCATION wherewith ye are called.
28. Pray to thy Father which is in secret.
29. My YOKE, is easy and My burden is light, said Jesus Christ.
30. Be the more ZEALOUS to confirm your call.
31. The lips of the wise shall preserve them.

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"When thou prayest, enter into thy closet, and when thou hast shut thy door, pray to thy Father which is in secret; and thy Father which seeth in secret, shall reward thee openly."

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As electricity is the working power of the electrical principle,  
So Spiriticity is the working Power of the Spiritual Principle.

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