SPIRITICITY February 1943

Beloved of God, Greeting:

There is a tide in the affairs of man which if taken at its flood leads on to success. Like the ebb and flow of the tide so is the outbreathing and inbreathing of the Almighty, "There is a spirit in man: and the inbreathing of the Almighty giveth them understanding."

Certain descriptions set forth the picture of the Creator as the Supreme Being breathing forth and scattering abroad all that is in force or form, only to inbreathe or draw all back to Himself.

"And the Spirit of God moved upon the face of the waters." "The Lord God formed man of the dust of the ground, and breathed into his nostrils the breath of life."

Inbreathing, outbreathing; influx, outflow; they seem so identified with inspiration and aspiration that the Hindus speak of their Deity as the Brahmic Breath.

Many persons who have practiced inbreathing the Name Jesus Christ have experienced what has seemed to be a transposition of breath where nostrils and lungs are stilled and the mind and spirit seem to take up the rhythm of influx and outflow. Healings have been reported from this practice.

So, when all else seems to fail, - when affirmation, denial, decree are but words, words, practice the age-old formula of inbreath and uplook until the breath you breathe is the influx of Divinity and the eye with which you seek and see God is the same Eye with which He sees you. Watch, pray, inbreathe the Name Jesus Christ.

Sincerely yours,
A. J. Truesdell

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SPIRITICITY February 1943

BORN OF HIS SPIRIT

These traveling the Path of Light are aware of a transforming process taking place as they subscribe to the uplifting, remitting truths of Being. This process is not easily explained in terms understandable to the developing consciousness. "As above, so below - as below, so above," says Hermes. This implies there is an interior activity corresponding to the phenomena with which we are familiar.

Being born into the physical form is a most interesting event. A tiny body coming forth as a vehicle through which a consciousness may be expressed is truly a miracle. This consciousness coming into the world appears absolutely helpless; it has no visible means of support or defense.

According to all standards, birth is an unprofitable investment, hardly worth the pain, struggle, and effort it causes its immediate associates. Yet,

at birth, a person receives more care, more attention, more service and love than at any other time in his evolution. Everybody rejoices in physical birth; joy in any physical expression is always boundless.

Further along, as the body grows, there comes into evidence another period of struggle, stress, and strain. This is caused by awareness of the mental nature; it is the time when the child begins to think for himself.

The world round about is not so sympathetic during the time of mental unfoldment as it is during birth of the body. The world has always been critical of anybody with an idea and the thinker finds himself opposed on every side. As much effort is involved in bringing forth the mental nature as was exercised in bringing forth the physical body; the difference is in the response provoked.

Physical and mental development bears witness to a higher action in consciousness, more or less imperceptible to man in general. This was what Jesus referred to when Nicodemus came to him by night.

Nicodemus represents the established religious ego, the good churchman, the very sincere yet equally prudent devotee. Nicodemus felt, he intuitively sensed, the spiritual merit of Jesus Christ and wanted to know about it so he could improve his own physical and mental status in his particular sphere of service, which happened to be as priest in the church.

Nicodemus was willing to make the higher principle fit his purpose. He wanted to use it to his advantage but he was not willing that it interfere with his dogma, doctrine, creed, or theology. It must supplement these, it must be added to the already established religious formula. Here, Nicodemus portrays so many of our truth students who are quite willing to use truth to further their interests but who are very reluctant to let truth be established in them, - or, even in others.

Jesus entered into no discussion with this master of Israel, this institution-appointed priest. He frankly and bluntly told him he must be born anew. All theories, theology, ritual, and prestige would have to become as nothing if Nicodemus really wanted this pearl of great price.

All pride of intellect, (not intellect itself,)

all pride of ritual, (not the true import of ritual,)

all pride of position, (not position itself,)

all these must undergo a transformation.

There must be a new beginning; something original must be allowed to come forth; a spiritual action must be permitted unhampered freedom of movement.

Intellect must be washed clean to be of any value to Spirit. As you cannot see clearly out of a dirty window-pane, neither can those things the intellect considers valuable admit a perfect view. In the new order of consciousness, all of the old is as nothing. The least in the Kingdom is greater than the greatest of prophets. All must be less that God may be more.

Do not waste your time trying to reconcile all the theories of man before you will accept your new birth into spiritual consciousness. Be willing to let your own ideas go for, whatever you hold on to will hold you back. God requires that which is past.

Tell the physical - intellectual man he must be born anew; he must stand naked and unashamed before his Maker, casting off all false and foreign alliances; he must be single - eyed, looking in one direction only, depending upon one Reality which is above thinking, above being; he must forget form, ritual, rites, ceremonies; he must forget, and even neglect for a time, friends and family; he must be willing to look above and beyond even his own thoughts of God or the accumulated God - thought of the ages.

"And ye shall seek me, and find me, when ye shall search for me with all your heart." Not with part of the heart attached to dependence upon the world or the opinions of others. Not with part of the heart clinging to position, prestige, or the highest culture of the race. All these things are good in their place, but they cannot be depended upon, nor can they compare to the original position man should occupy, which is his own spiritual nature and character. Acceptance of less than this is selling the birthright for a mess of pottage. The culture of the race is nothing to be proud of. It does not compare to the Christ culture being injected into man to establish him in his truly normal and natural state. The world will improve by man's refusal to depend upon world - culture for his standard of life. God loves the world and He will take care of it; man's intellect will be quickened, not taken from him; physical developments will take place that are impossible to the unregenerate, the natural man.

All this will result from a higher action known as spiritual birth. Such birth comes into consciousness as a little babe and should receive all the attention, service, supply, protection symbolized by the activities surrounding the birth of a baby in our midst. As each new-born baby-boy is a potential president, so it this Christ-babe marked with princehood and kingship.

If this new, spiritual birth is accepted, everything in the universe will be found swinging into action to serve this self-conscious, this Christ-conscious babe. His name shall be called Wonderful, Counsellor, The Holy Child, Author and Finisher of our Faith, Author of Eternal Salvation.

He shall be called the Christ, the Cornerstone, the Deliverer, Prince of Peace, Life, Light, the Lamb of God, the High Redeemer, and his Name, Nature, and Character shall be above all names. All good names shall be His Name.

There is no joy to compare with the ecstasy of spiritual cooperation. Whoever believes this conceives it just as surely as the physical-mental man is brought forth.

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## SPIRITICITY February 1943

NOTE: There is not the slightest pretense to poetry in the following rhyme. There is, however, a healing quality in the lines for each is based upon one of the ten fundamental ideas from which all other ideas evolve. We suggest that you read the rhyme several times to catch the principle hidden therein.

COUNT TEN

"Count ten," says the wise man, "when you want to fight,

Count ten, and you'll find that things will be all right."

If wonders of numbers man chances to see

No doubt with the wise man he'll fully agree,

For numbers are fraught with a magic and savor When merged with the urge of Divinity's favor.

ONE	for the Father,
TWO	for the Son,
THREE	for the Spirit whose work has begun;
FOUR	for His Workshop, filling all space,
FIVE	for the working of Infinite Grace.
SIX	for achievement that acts like a leaven,
SEVEN	for merging of man with God's heaven.
EIGHT	for rejection of less than Divine,
NINE	for partaking of Heavenly Wine.
TEN	for the Light of the Father On High
Lightin	g man's steps from the depths to the sky.

When angers arise and things seem to go wrong, Count ten, and the static will change to a song:

By A. J. Truesdell

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# Alphabet of DAILY MEDITATIONS For Every Week-Day of The Month.

#### FEBRUARY 1943

- 1. I will not give my glory unto ANOTHER.
- 2. My soul shall live BECAUSE of Thee.
- 3. CAST out first the beam out of thine own eye.
- 4. The heavens shall DECLARE His righteousness.
- 5. Bless the Lord your God for EVER and EVER.
- 6. Thine hands have made me, and FASHIONED me.

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- 8. GROW in GRACE and in the knowledge of  $\ensuremath{\mathsf{GOD}}$ .
- 9. HOW Thou HAST glorified Me!
- 10. I will INSTRUCT thee and teach thee.
- 11. JEHOVAH is my strength and song.
- 12. Deal KINDLY and truly.
- 13. LAUNCH out into the deep.

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- 15. Strengthen thyself, and MARK ... what thou doest.
- 16. OBSERVE and hear all ... which I command thee.
- 17. I will gather all NATIONS and tongues.
- 18. Seek the truth, and I will PARDON.
- 19. I come QUICKLY; and my reward is with me.
- 20. He RESTORETH my soul.

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- 22. I have SET thee to be a light.
- 23. Peace be multiplied to you THROUGH ... our Lord.
- 24. The way of the just is UPRIGHTNESS.
- 25. Be sober, be VIGILANT.
- 26. WHOSOEVER WILL, let him take the WATER of life freely.
- 27. I am YOUNG.

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As DAILY MEDITATION becomes a habit you discover how comforting a simple statement can be; how it feeds the thoughts throughout the days, and becomes a staff upon which to lean when weariness besets the body.

We invite you to join with us in keeping the meditations. A word of assurance from Holy Writ in a shield and buckler.

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### SPIRITICITY February 1943

#### Dear Friend:

Now is the time for us to reveal to you what has been accomplished to date in behalf of the CHRIST TRUTH LEAGUE. On December 1, 1942, Mr. Truesdell and I deeded to the CHRIST TRUTH LEAGUE all lands and houses we had been purchasing for the purpose of developing a place of worship for all people and to build a school which would be a gathering place for those who wanted to study the Principle of Truth with us.

The gift of land amounts to seventy-four acres. This acreage was supplemented by Mr. and Mrs. A. M. Campbell's recent gift of six acres for a chapel site, making a grand total of eighty acres.

So we now have ample acreage for developing our project and it is given freely and lovingly to the CHRIST TRUTH LEAGUE. You who have helped through prayer and gift are indeed a part of the work and you may be sure your efforts are bearing good fruit. We pray that you continue to cooperate with us and receive the boundless blessings that come through giving in His Name.

I recently came across this idea which I pass on to you. God is drawing us to himself; that is our destiny. But man can choose his path in this life-experience: he can dig a pit, or, build a wall. In one case he goes down, only to be forced to turn eventually; in the other, he rises continually.

We steadfastly keep our vision on the Heights and pray that you too look upward and so be lifted toward Him on wings of Light.

Lovingly yours, Nell Truesdell