

SPIRITICITY, JULY 1941

Beloved of God, Greeting: Uprightness

"He that walketh uprightly and worketh righteousness and speaketh truth in his heart ... shall never be moved." "He that walketh uprightly, walketh surely." "Whoso walketh uprightly shall be saved."

We find many people who study their spiritual doctrine from a reclining position. No doubt when one has become depleted mentally and physically it is wisdom to rest and relax until such time as there has been a spiritual infilling or refilling.

However, some are so enamored of this spiritual influx they become addicts and keep intoxicated with its invigorating, stimulating wine.

The doctrine of Jesus Christ is an upright, up-and-coming doctrine. Spiritual energy received is for use and those who use it rightly are called righteous. The upright are those who wake up and straighten up, keeping the vision high, the backbone straight, and who are alert to instructions from Spirit as to the next step in spiritual unfoldment.

The word upright suggests one who dares to walk right up, as a spirited son, to the throne of spiritual dominion, anticipating, even demanding recognition and reception from the Father. "Approach the throne with boldness."

Sick people and saints should lie upon their beds until quickened with new health or new covenants. Once received, they should be so delighted as to stand upright and rightly use the spiritual prerogatives so freely given.

Put your best foot forward, keep step with your divine destiny, and walk boldly from achievement to exploit. "No good thing will He withhold from them that walk uprightly."

Sincerely yours,
A. J. Truesdell

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A SOUL-SEARCHING QUIZ.

Do you challenge me to prove the Gospel is true? I challenge you to prove that it is not true. Will you try the Gospel? Will you practice even a bit of it?

Will you watch and pray always? Will you love your enemies and forgive those who persecute you? Will you pray for those who spitefully use you?

Your religion teaches that you are a son of God, created in His image and likeness. Should a son of God lack any good thing?

Have you stood alone with your own God and listened to His instructions? Have you been obedient to those instructions which say, If ye shall ask any

thing in my Name, I will do it; follow me; my Kingdom is not of this world.
Have you known what that means?

Have you done the first things and the last things? Have you taught, preached, healed the sick, cast out bad tempers, raised the dead? You profess to be Christian. These signs ought to follow you.

Are you able to take the cup of salvation? Do you love your neighbor as yourself? Do You speak the truth of yourself or has another told you? Do you believe the truth will make you free?

Do you accept the foundation doctrines of religious bodies or do you believe in Christianity? Do you believe your present religion is based on Christianity, on the doctrine of Jesus Christ? Do you know any one who has practiced Christianity?

Will you seek first the Kingdom of God and His righteousness and let all things be added unto you? Do you believe the Kingdom of God is at hand? Can you demonstrate it?

Have you ever been in a place where you had nothing to depend on but God? Did He take care of you? Was not that proof of Something working over which you yourself had no control but could invoke? Can you prove that was not the Kingdom of God at hand?

Do you believe God is Omnipresent? That means the One Presence. How can there be something else present beside the One Presence? You answer, There seems to be. Do you always remember Jesus said, Judge not according to appearance?

Do you love the Lord your God with all your heart, soul, mind and strength? Do you believe that God loves you? Do you have faith in God?

My friend is hard at work at play
While I, at play, am hard at work.
Who merits most? I dare not say.

Nell Truesdell

Some have faith in right thinking.
Some have faith in emotional uplift.
Some have faith in prophecies.

The Great Teacher said:

HAVE FAITH IN GOD.

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OPTIMIST OR PESSIMIST.

Man is a firm believer in mental attitude. Enter any office and you will find at least one slogan. Also, you will find an environment representative of the prevailing attitude, either optimistic or pessimistic.

The optimist is magnifying the good he wants. The pessimist is inflating the things he does not want. Each is seeking his own Good.

The optimist believes a consciousness of Good will bring good results, good business, good friends, good times, happiness, contentment, peace, prosperity. He is well aware of the law of thinking good thoughts. He feels the pessimist to be a menace to his attitude of mind. He tries to protect himself for he does not want to contact any destructive element.

If, however, the pessimistic neighbor was investigated it would be learned that he too had been an optimist at some time. He had had his dreams, visions, ambitions, aspirations. He too had held good thoughts but found his dreams and aspirations crumbling about him, apparently through no fault of his own. The investigator might also witness that as soon as the pessimist discovers a use for what he has he may become an optimist again; while, by that time the optimist friend may have encountered difficulties his philosophy proved unable to cope with.

These fluctuations cannot in themselves be called the way of success of the secret of Good. But through such experiences man comes to a determination to find permanent Good. This is what all the world is seeking.

If the optimist had incorporated the eternal element of Good into his splendid attitude his demonstrations would never have failed. If the pessimist followed up the secret he learned through the test of his own resignation to unpleasant and equally unreal conditions, he no doubt would go on to new heights if only to escape what he found by experience to be unpleasant and unprofitable.

Thinking good thoughts has much to do with attaining and enjoying good things. But the quality or durability of the thoughts determines the permanency of the Good brought forth. "Commit thy works unto the Lord, and thy thoughts shall be established." We are not looking to the real Source of lasting Good unless we have trained our sight to observe the free-flowing Mind of God, and have made friends with and come under the influence of permanent Good.

There is a consciousness that knows neither optimism nor pessimism, neither positive nor negative, good nor evil. It knows itself and its own creation only. "Thy Kingdom is an everlasting Kingdom."

Naturally we think of a kingdom as a place of pomp and splendor. But any optimist who believes lasting benefits will come from alliance with earthly kings, queens, or dictators is due to become a pessimist.

He who heeds the precious instruction "The Kingdom of God is within you" finds it, like a planted seed, is self-sustaining, and, as it grows, becomes the greatest factor and motivating power for Good in consciousness. This Good at first seems futile to contemplate. There seems to be so much opposed to it; it seems to be such a small thing to look to and depend upon.

But add to it a little faith, and hope, and love, and see what happens. They are the measures of leaven which will increase until all pessimism is broken up and nothing remains but faith, hope, and love. A readjustment in sense of values takes place and willingness to dispense with all partial success identifies with all profitable ideas to be found in the kingdom within.

Alphabet of
DAILY MEDITATIONS
for every week-day of the month.

MON. APPLY thine heart unto instruction.
TUE. If thou return ... thou shalt BE BUILT up.
WED. I am filled with COMFORT.
THU. O the DEPTH of the riches ... of God!
FRI. Be in rest and at EASE.
SAT. Above all things have FERVENT charity.

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MON. GIRD up the loins of your mind.
TUE. I will cause thee to HEAR my words.
WED. He must INCREASE.
THU. JEHOVAH SHALOM (Jehovah is Peace.)
FRI. KEEP the charge of the Lord thy God.
SAT. I LEAD in the way of righteousness.

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MON. This is the day which the Lord hath MADE.
TUE. NOW is come salvation, and strength, and the Kingdom of our
 God, and the power of His Christ.
WED. Believe ONLY.
THU. The Lord's Name is to be PRAISED.
FRI. Study to be QUIET.
SAT. He RESTORETH my soul.

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MON. Whoso hearkeneth ... shall dwell SAFELY.
TUE. Be ye THANKFUL.
WED. Ye have an UNCTION from the Holy One.
THU. VERILY thou shalt be fed.
FRI. WALK by faith, not by sight.
SAT. Rejoice ... in thy YOUTH.

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MON. Praise waiteth for thee, O God, in ZION. (fortress)

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Let a spiritual thought breathe into and through your mind each day and it will act as tonic to your whole being, freeing, healing, blessing, and prospering you with its vital freshness and life giving energies.

We shall be faithful to the DAILY MEDITATION and shall remember you in the Spirit of loving service.

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A man's intentions and motives must be good to guarantee his safety to run at large. Whoever is free does not break laws, does not commit sin. He is not opposed to anything but sees benefit in all. Even Jesus said, "I come not to destroy the law, but to fulfill."

A free man delights himself in the law and he receives the desires of his heart.

PSALM 63 (In Part)

O God, thou art my God; early will I seek thee: my soul thirsteth for thee, my flesh longeth for thee in a dry and thirsty land, where no water is;

To see thy power and thy glory, so as I have seen thee in the sanctuary.

Because thy loving kindness is better than life, my lips shall praise thee.

Thus will I bless thee while I live: I will lift up my hands in thy Name.

My soul shall be satisfied as with marrow and fatness; and my mouth shall praise thee with joyful lips:

When I remember thee upon my bed, and meditate on thee in the night watches.

Because thou hast been my help, therefore in the shadow of thy wings will I rejoice.

My soul followeth hard after thee: thy right hand upholdeth me.

Practice of the uplook promotes stability, a confidence in the Invisible and Unknown to make itself Visible and Known. It reveals a subtle working, achieving, and accomplishing power that transmits its nature to the High Watcher and makes him like unto itself. So, lift up your eyes, and look, and learn the Science of applied inspiration, the transcendent super-life of Jesus Christ.

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Dear Friend: Attention to the High Watch

This lesson-bulletin addressed to you from the CHRIST TRUTH LEAGUE is a messenger bearing glad tidings of good will. For the coming month, beginning with the first day and ending on the last, you will be remembered and blessed.

It is a wonderful privilege to fellowship in Christ. The benefits of such association are untold. You know, and we know, "The Lord is nigh unto all who call upon Him."

As a person grows in understanding he values more and more the opportunity to be consciously at-one with others who are keeping the High Watch.

The simple act of looking upward with eyes closed eventually becomes an all-consuming practice that never ceases day or night. Your attention is your most precious possession. You may do with it as you will. It is always subject to your direction for it has no will of its own. Direct it toward the Most High God and not only is your sight lifted up but all other senses follow its

influence. Lift the weight of your thinking processes from it and automatically it flies homeward to its true abode with the Father.

It is our hope that you will join with us this month in daily prayer. Any love gift you send for the joy of giving to the Lord's work will be used to meet some demand in ministry.

We bless you in the Name of Jesus Christ.

Lovingly yours,
Nell Truesdell