SPIRITICITY July 1943

Beloved of God, greeting:

July fourth always reminds us of the benefits we inherit and enjoy as citizens of the United States. The Spirit is the influence this country has always seemed to have in generous measure. We refer constantly to the Spirit of '76 and of 1917.

It takes Spirit to build a country such as ours and Spirit has always been identified with this country's development. The framers of our constitution and the Declaration of Independence invoked the help of a willing God to crown their efforts with success. All nations which have conducted their development by exercise of simple faith in an interested Divinity have always gone forward to greatness.

One of the largest Commonwealths in the world was sparked to successful achievement by words inscribed on its banners which meant, In His Name We Conquer.

Our need as a nation is great today. The God who brought down the walls of Jericho will cause the surrender of the forces of seeming evil. We invoke for our armed forces, their leaders, and they who guide and direct them, the blessing of this God of destiny who comes with a strong hand and fights for the right. We believe we could adopt no better slogan than, "We go forth conquering and to conquer in, by, and through the Name of JESUS CHRIST."

Christ - and - country is an undefeatable combination and this Christ-country is truly a land of Divine destiny. This is the foot-stool of the Lord whose foot shall not be moved, - the same yesterday, today, and forever. Amen.

Sincerely yours,
A. J. Truesdell

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SPIRITICITY July 1943

What is the Positive Mind?

By A. J. Truesdell

All of us are familiar with an action of mind called thinking. Through this action we entertain views, formulate notions, conceive images, and in general, are conscious or mindful of the objects of our attention. The mental impressions or pictures we contemplate may or may not be true, but, what we think about them determines our attitude and the results in our life.

Thinking is habitual with man. It is not such a good habit as we are led to believe for often it discloses a disposition or tendency toward that which is untrue. No matter what we think if the conclusion is untrue nothing will right its effect in our lives but a direct turn to truth. We may break up an old habit by will-power; or, we may substitute a more pleasant and profitable habit for the old.

Sometimes truth students become so obsessed by their own concepts they make no allowances for others having individual ideas, freedom of choice, or

even free-will. Often this is because one conscious contact with Spirit is so inspiring, so convincing, that the person feels himself to be the only one who really knows truth.

Frequently we are confronted with the question in our attempt to know the truth, Which is the correct course to follow? the right method to use? We ask because we have periods of mental stimulation which lift us to the Heights, then there are violent mental activities that are full of destructive tendencies, and there are periods of peaceful spiritual realization.

We have been told that we must be dynamic and forceful in our mental action. People who are popular with the public are pointed out as examples of energetic and effective progression. We many moving to the right, many moving to the left, many running around in circles apparently going places and doing things. Once in awhile we watch them alight and we contemplate the progress they appear to have made since getting ahead of the parade. Sometimes we find the parade has headed in another direction, or has about-faced, and those who had been bringing up the rear have become the leaders. Thus we observe the meek glorified with salvation, the needy lifted up and set with princes. And all this sets us to thinking.

The progress a person makes is just as enduring as the motive which prompts the movement, we find. Many who are first shall be last, and viceversa.

It is not nearly so important what a man thinks of as it is for him to try to realize what God might be thinking about him. A little research discloses that God thinks His creation is very good. Man has his choice of consciously thinking God's thoughts after Him or he may conjure up many vain imaginings pertaining to God and the people and things with which he is familiar.

When man's mind is functioning to capacity he seems to do marvelous things. If he has developed talents which had lain dormant or hidden under a bushel he might hear the words, Well done, for man may receive the approval of his Creator if he so desires. He may conjure up all the dynamic thoughts of all the ages and attune his mind to its highest state of efficiency. But if the activity has been merely a mental debauch or even a spiritual spree, approbation from God will not be forthcoming.

Some persons become so enamored of so-called spiritual stimulation that they are addicts, and, unless their minds are racing at high speed they are uneasy, dissatisfied. Such fall away when the mind is called upon to exercise itself consistently and constructively. We are told that these minds are called truant minds. Paul speaks of being captive, of his mind being a prisoner of Spirit.

A phase of man's mind takes great delight in reproducing, learning. It enjoys the intense activity of making affirmations, denials, and decrees. The mind gets a kick out of making positive, dynamic - sounding declarations of truth, or, even of untruth. This causes the person to believe he is accomplishing great things and there is a comfortable feeling of righteousness.

But the phase of mind with which we are all so familiar and which we strive to exercise to capacity is not positive at all no matter what its practice or how dynamic its declarations. This mental action designated as thinking is really negative. "For my thoughts are not your thoughts, neither are your ways my ways, saith the Lord. For as the heavens are higher than the

earth, so are my ways higher than your ways, and my thoughts than your thoughts."

The negative pole of mind is full of opposition and is always the more active. It reproduces whatever is given to it. Insofar as we consider ourselves mental are we negative.

We cannot worship God mentally. They that worship God must worship Him spirit and in truth. If man is an extension of divinity, if man's mind is God's activity, there is no particular point in his declaring dynamically, I am the Son, I am the Son, or making similar statements. The only thing that would warrant such a repetition would be that man is just a little doubtful as to whether or not he is the Son. The dynamic mental declaration is a sort of whistling in the dark, a high-power sales talk to convince himself of something he is not so sure of. God has no need of press agents or protectors. We need not defend, fight for, or even try to establish the truth.

The most positive mind is that which is unified with God, Spirit, truth, to such a degree that it just goes about the business of being God, Spirit, truth. That sort of mind is doing the greatest work. It is the mind that is resting before the inner reality until it reproduces correctly that reality. It takes no active part except to let the work be done. "My Father worketh hitherto, and I work." "The Son can do nothing of himself, but what he seeth the Father do: for whatsoever things He doeth, these also doeth the Son likewise. For the Father loveth the Son, and showeth him all things that Himself doeth."

Many paradoxes come to our attention. "For judgment I am come into this world, that they which see not might see; and that they which see might be made blind." The mind that claims to know does not know; the mind that admits it does not know is in a state of knowing.

The truly positive mind, the truly dynamic mind, is the negative mind, the receptive mind. This "negative mind" actually is the positive mind and it is distinguished through the quality of meekness, of lowliness TOWARD God - not toward the world.

The meek shall inherit the earth. The earth is God's original creation. It is whole and complete; it is the very highest demonstration of prosperity because it is the fulfillment of all that God creates.

Paul discovered that when he appeared to be weak God was strong in him. The weak, the meek, the receptive toward God will be living in and enjoying the blessings of the Kingdom while the seeming dynamic, aggressive minds will still be perfecting ways and means of trying to help God stimulate His business, and they will continue to try to act as efficiency experts for God.

Do you believe? Only believe. Stop. Look. Listen. Watch. This is the pleasant habit of thinking. This indicates the positive mind. This is the sort of mind whose communication is "yea, yea," to God, and "nay, nay," to the world.

Practice saying "No" to everything except God dwelling within you, to all teachings and teachers outside your own inner teacher. To anything and anybody who has impressed you, say, "No." Then to the Father say, "Yes, Lord."

Man, being organized by God under His supreme and perfect plan, is governed by the Law of the Most High, the Savior, the Redeemer. Man has no

responsibility but to witness the orderly unfoldment of divine ideas; he may groom and dress the garden of Soul which is Christ Jesus, the Lamb of God.

"Which of you by taking thought can add one cubit unto his stature?" "I say unto you, Take no thought for your life ... nor yet for your body." "In such an hour when ye think not, the Son of man cometh."

"Seek ye first the Kingdom of God, and His righteousness; and all these things shall be added unto you. Take therefore no thought for the morrow."

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SPIRITICITY July 1943

Dear Friend:

The great difference between our relationship with God and with people is that our connection with God remains constant while that with persons is apt to vary considerably from time to time. Often we associated with people freely, feeling that all is well when suddenly, without seeming cause, a difference arises that causes a rift in the once pleasant association. We are disturbed, out of balance, unhappy, discordant.

But, no matter what happens in our realm of experience among persons, the instant we turn to God we find Him the same as always.

When all appears to be discordant, it is good practice to turn to God. This involves a direct reversal of attention. It demands instant seeking of the High and Holy Place where peace reigns uninterrupted. As we look away from the appearance and set our face toward Him we experience uplift, freedom, and quick adjustment in relationships that could not be accomplished otherwise.

In these times of stress everybody experiences moments of discord and interprets the mood in relationship to others, especially those nearest and often dearest. We who are conscious of the nearness of God and His wondrous Love for all should be the first to practice His Presence. When we turn to Him first we are strengthened in the inner man and those around us are blest without our doing or saying anything at all.

The CHRIST TRUTH LEAGUE holds steadfast to the Presence, Power, and Love of God in behalf of all men everywhere. We invite you especially to join with us in happy fellowship in Christ. We bless you in His Name.

Loving yours, Nell Truesdell

## Alphabet of DAILY MEDITATION For Every Day of the Week

## July 1943

1. All ye, Assemble yourselves and hear.

- 2. Beloved, let us love one another.
- 3. We shall all be Changed.

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- 5. Acknowledge Him, and He shall Direct thy paths.
- 6. The Lord of hosts shall be Exalted.
- 7. It is Finished.
- 8. Grow in Grace, and in the knowledge of our Lord.
- 9. I will Help thee, saith the Lord.
- 10. Out of it (the heart) are the Issues of life.

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- 12. Execute Judgment and Justice in the earth.
- 13. Deal Kindly and truly with me.
- 14. Now will I rise ... now will I Lift up myself.
- 15. Peace be Multiplied unto you.
- 16. Now we believe.
- 17. Open thou mine eyes, that I may behold wondrous things Out Of thy law.

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- 19. Go and Prosper: for the Lord shall deliver.
- 20. Quicken me, O Lord, for thy Name's sake.
- 21. I know that my Redeemer liveth.
- 22. God hath Sent forth the spirit of His Son.
- 23. My Tongue also shall Talk of Thy righteousness.
- 24. Who knoweth the spirit of man that goeth Upward?

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- 26. They shall sit every man under his Vine.
- 27. I will open you the Windows of heaven.
- 28. Ye my flock, the flock of my pasture, are men, and I am Your God, saith the Lord.
- 29. Ye are Zealous of spiritual gifts.
- 30. Let not your heart be troubled.
- 31. I will greatly rejoice in the Lord.

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Practice the uplook and keep your mind filled with constructive thoughts. DAILY MEDITATION will help you to clarify your thoughts and stabilize your attention. We invite you to join us in the exercise. Blessings.